

# ACADEMY FOR EATING DISORDERS

## NEWSLETTER

Issue No. 9 Editor: David M. Garner, Ph.D.

Spring, 1997

### Inside This Issue

□ Academy News	2
□ Central Office Stays in NY	2
□ Academy Teaching Day	2
□ Academy Annual Meeting	2
□ International Workgroup	2
□ Insurance & Legal Issues	3
Yager & Andersen	
□ National Advocacy Group	5
□ 1998 NY Conference	5
□ Volunteers needed for APA	5
□ Regulation of Diet Industry	6
□ Meetings and Conferences	6
□ Academy Committees	7
□ Membership Application	8

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### MESSAGE FROM THE PRESIDENT

B. Timothy Walsh, M.D.

This issue of the newsletter focuses on a critical issue in our field: the difficulty that many patients, even those who have medical insurance, have in obtaining the treatment they need. While this problem has probably always existed, especially for individuals with relatively serious and chronic eating disorders, the recent emphasis on controlling medical costs and the move toward managed care have greatly aggravated an already difficult problem. The cost of medical care is an important national issue, and reasonable efforts to control such costs are appropriate and timely. However, the Academy must be concerned with the inability of patients to receive treatment which is of demonstrable benefit, especially when payment for such treatment is denied because eating disorders are "psychiatric." In advocating for parity of coverage with illnesses which are traditionally considered medical, it seems critically important for professional groups, such as the Academy, to join forces with patients and their families. We have recently been discussing, with the leadership of the Eating Disorders Research Society, combined efforts to advocate more effectively for appropriate and reasonable insurance coverage for serious eating disorders. Also, we have asked Walter Kaye, M.D., who has a long-standing interest in the topic, to coordinate a committee to author a position paper for the Academy on this issue.

I am pleased to announce that the Central Office of the Academy will

continue to be located at Montefiore Hospital and Medical Center for the next three years. In response to the request in the last *Newsletter*, the Academy received a number of excellent proposals to operate the Central Office. Montefiore's proposal was outstanding, both in light of its excellent track record in handling the business affairs of the Academy over the last three years, and of new resources which will be devoted to the Academy. Probably the most important new "resource" is Ms. Mary Sharkey who will become the Academy's Office Manager. New Academy services include an e-mail address (aed@aecom.yu.edu), which you should feel free to use, and our own dedicated phone line which will soon be activated. In addition, the enhanced Central Office will provide support for the number of new meetings and teaching programs the Academy will sponsor in the years ahead.

In an effort to amplify the Academy's teaching activities, Amy Baker Dennis, Ph.D. has been appointed Coordinator for Teaching and Education. Many members of the Academy are familiar with Amy's expertise in arranging highly successful and educational meetings, and she has graciously agreed to help coordinate the Academy's increased efforts at providing training in recent advances in eating disorders. Amy's first task will be to arrange the Academy for Eating Disorders Teaching Day which will take place in Boston on June 18, prior to our annual business meeting.

Finally, I would like to wish all of you a happy and healthy New Year!

Ψ

### FOUNDING MEMBERS

Arnold Andersen, M.D., Amy Baker Dennis, Ph.D., William N. Davis, Ph.D., Pat Fallon, Ph.D., David M. Garner, Ph.D., Leah Graves, R.D., L.D., Katherine A. Halmi, M.D., David B. Herzog, M.D., Laura Hill, Ph.D., Kathy Hotelling, Ph.D., James I. Hudson, M.D., Craig Johnson, Ph.D., Melanie Katzman, Ph.D., Walter Kaye, M.D., Paula Levine, Ph.D., John Levitt, Ph.D., Margo Maine, Ph.D., Marsha Marcus, Ph.D., Vivian Meehan, D.Sc., Diane Mickley, M.D., James E. Mitchell, M.D., Stacey Lynn (Steinberg) Nye, Ph.D., Pauline S. Powers, M.D., Richard L. Pyle, M.D., Dan W. Reiff, M.P.H., R.D., Patricia Santucci, M.D., Charles Schoengrund, Ph.D., S. Kenneth Schonberg, M.D., Garry Sigman, M.D., Catherine Steiner-Adair, Ed.D., Ruth Striegel-Moore, Ph.D., Michael Strober, Ph.D., B. Timothy Walsh, M.D., C. Jean Williams, D.M.Sc., R.D., Susan C. Wooley, Ph.D., Joel Yager, M.D., Preston Zucker, M.D.

## Join the Academy!

*An International,  
Multi-disciplinary Organization  
for Professionals in the Eating  
Disorders Field*

### Membership Benefits

- Discounts on subscriptions Journals
- Discounts at Conferences
- Participation in advocacy projects and special interest groups
- Student memberships available
- Receive Quarterly Newsletter

Membership Application  
on the last page of the  
*Newsletter!!!*

Academy Business Office:  
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Montefiore Medical Center  
111 East 210th Street, Bronx, NY 10467  
email: aed@aecom.yu.edu

☎ 718-920-6781

## ACADEMY NEWS

### Academy Central Office Remains at the Montifore Medical Center

Three institutions submitted excellent proposals to operate Academy's Central Office over the next three years and, after careful review, the Montifore Hospital and Medical Center proposal was selected for the contract by the Executive Committee. Dr. Ken Schoenberg and Ms. Elaine Russell have done an outstanding job handling the business affairs of the Academy over the past three years, and the Academy Board is grateful for their dedication and hard work. New resources will be added to the Central Office. Ms. Mary Sharkey has become the Academy's new Office Manager and the Academy has a new email address (aed@aecom.yu.edu).

### Surge in Academy Membership

Membership recruitment has been a major priority for the Academy during the past year, and there are now almost 500 Members with a continued stream of new applications. A strong membership is a key to the success of the Academy, and existing members are encouraged to invite other professionals to join by filling out an application for membership (which can be found on the last page of the *Newsletter*).

### Academy for Eating Disorders Teaching Day; 1997 Annual Meeting

June 18, 1997, Boston, Mass.

The Academy for Eating Disorders is sponsoring a regional "Teaching Day" that will be followed by the 1997 Academy for Eating Disorders Annual Meeting. Both of these Academy events will be held on Wednesday, June 18, 1987 at the Royal Sonesta Hotel Boston / Cambridge, MA in conjunction with the June 18-21, Harvard / Tufts Conference directed by Dr. George Blackburn and colleagues at Tufts and at Harvard University. Book early since the space for this event is limited!

#### Academy Teaching Day Program

*Recent Developments in the  
Treatment of Eating Disorders*

#### Conference Schedule

- 8:00 - 8:30 *Registration*  
 8:30 - 8:45 *Opening Remarks*  
 8:45 - 10:00 *Advances in the Treatment of Anorexia Nervosa: Comorbidity and Chronicity*, Walter Kaye, M.D.  
 10:00 - 10:15 *Break*  
 10:15 - 11:30 *Treatment Resistant Eating Disorder Patients: Psychiatric Comorbidity and Childhood Maltreatment* Steve Wonderlich, Ph.D.  
 11:30 - 12:00 *Question and Answer Panel* Dr. Kaye and Dr. Wonderlich

12:00 - 1:15 *Lunch*

1:15 - 3:15 *The Obesity / Eating Disorder Interface: Update on Treatments for Binge Eating Disorder*, Michael Devlin, M.D. & Juli Goldfein, Ph.D.

3:15 - 3:30 *Break*

3:30 - 4:00 *Question and Answer Panel & Discussion*, Dr. Devlin & Dr. Goldfein

4:15 - 5:30 *Academy for Eating Disorders Annual Meeting*

Teaching Day Registration Fee:  
\$150 before May 15<sup>th</sup>, 1997  
\$160 after May 15<sup>th</sup>, 1997  
\$120 Academy Member

Hotel reservations should be made directly with the Royal Sonesta Hotel, Boston / Cambridge at 614-491-3600. A special conference rate has been established if you state that you are attending the "Harvard Obesity & Eating Disorder" Conference. For further information, please contact the Academy for Eating Disorders office at:

Academy Business Office:  
aed@aecom.yu.edu

☎ 718-920-6781

### International Workgroup Update

Bryan Lask, M.D.  
Melanie Katzman, Ph.D.

In keeping with the initial mission of ascertaining whether an international focus for the Academy is viable or necessary, we have continued to consult people from around the World. We had a particularly useful meeting in Pittsburgh, in November, during the annual meeting of the Eating Disorders Research Society, and opinions have now been obtained from every continent. There is clearly considerable enthusiasm for the Academy to have an international role, not least because eating disorders are an international issue and therefore call for international collaboration. Asian colleagues pointed out that 80% of the

*continued on page 6*

## SPOTLIGHT ON: INSURANCE & LEGAL ISSUES

A major concern for professionals treating eating disorder patients as well as for the families of those suffering from eating disorders is the limits of insurance reimbursement. In recent years, there has been a steady erosion of benefits for serious psychiatric disorders, including eating disorders. Many patients and their families assume that they have adequate coverage and are shocked to learn that their insurance covers only a small portion of expenses for treatment of eating disorders.

Some policies exclude coverage for psychiatric conditions, others set extremely low caps on the total number of days covered or the amount they will contribute per year or over the lifetime of the policyholder. Some insurance companies specifically exclude reimbursement for the treatment of eating disorders. Moreover, many insurance companies indicate that they will only cover expenses that are "medically necessary" but will not rule on "medical necessity" until well after the treatment has been initiated. Thus, a patient can be admitted to a hospital, an intensive outpatient or outpatient program only to learn weeks later that a certain portion of the care was deemed "not medically necessary" resulting in personal liability for the costs of treatment.

Another frustrating scenario involves the distinction between "medical" and "psychiatric" coverage. Some policies exclude coverage for psychiatric conditions, in spite of the fact that many patients have serious resulting medical problems that demand urgent care. This issue of the *Newsletter* is devoted to highlighting several recent legislative developments that have relevance to those treating eating disorders.

Dr. Joel Yager first summarizes some encouraging legislative initiatives. This is followed by a summary by Dr. Arnold Andersen of several recent legal decisions which directly bear on those working in the eating disorder field. These two contributions are printed, in part, from the "Eating Disorders Review" and we are grateful to the publisher, Leigh Cohn and the Editor-in-Chief, Dr. Joel Yager, for giving permission to reproduce this valuable information in the *Newsletter*.

These issues have also given rise to Academy initiatives to influence decisions related psychiatric care. Dr. Walter Kaye has been appointed by the Academy to chair a task force to mount a national grass roots advocacy campaign to provide a voice for eating disorders treatment (see page 5 of the *Newsletter*).

### Note:

The following articles by Dr. Yager and Dr. Andersen are excerpts from the November/December issue of the *Eating Disorder Review* and are reprinted in the *Academy Newsletter* with permission. Subscriptions to the *Eating Disorder Review* are available to Academy members at the discounted prices of \$52.00 (US) and \$76.80 (non-US) from the publisher Gurze Books, PO Box 2238, Carlsbad, CA 92018: Phone (800) 756-7533; fax (619) 434-5476; or e-mail (gurze@aol.com). Payment may be made by check, Mastercard / Visa.

Dr. Yager, is the Academy of Eating Disorders President-elect.

## Promising Developments

Joel Yager, M.D.

Several recent developments may signal a change for the better with regard to insurance reimbursement. First, President Clinton recently signed a bill that will require insurance companies to provide considerably more parity in psychiatric coverage relative to medical coverage. Effective January 1, 1998, this bill will require equal lifetime and annual

"It behooves all health professionals to become advocates for parity within their states ..." Dr. Yager

group health plan payment limits for psychiatric and physical illnesses if the plan provides any psychiatric benefits. The bill applies to group health plans sold to businesses with 51 or more employees and to self-insured plans. Treatment for substance abuse or chemical dependency are excluded. Of importance, the bill does not require parity with respect to day or

vist limits, beneficiary cost sharing, or managed care measures. But, it is a good start.

This congressional intention has already been heard by both large corporations and individual state governments. Several have already taken steps to enact some degree of parity, particularly for the treatment of serious psychiatric disorders. Generally, these disorders have included only 6 or 7 specific categories, including chronic schizophrenic and bipolar illness. Thus far, to our knowledge, eating disorders have not been included in this group. It behooves all health professionals to become advocates for parity within their states and, in those states where parity has been legislated, to try to get serious eating-disorders-related problems added to the list of serious psychiatric disorders. Before and during the enactment of what we hope will be forthcoming legislation that will improve coverage for eating disorders, actions in the courts may be the most potent tools available to families and to professionals seeking to aid them.

## Third-party Payment for Inpatient Treatment of Anorexia Nervosa: Two Cases

Arnold Andersen, M.D.

### Case 1:

#### *Psychiatric and physical care*

Simons vs. Blue Cross and Blue Shield of Greater New York (536 N.Y.S. 2nd 431 A.D. 1 Dept. 1989)

**Facts:** The insured sued for denied costs incurred by their daughter's treatment for malnutrition secondary to anorexia nervosa. On admission, the patient weighed 72 3/4 pounds (a loss of 30% of her original body weight), and her blood pressure was 72/62 mm Hg. She was extremely dehydrated. Treatment included the use of nasogastric and intravenous feeding. CT scans were also done. Discharge diagnosis included hypotension, bradycardia, chronic weight loss, and atypical eating disorder.

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*The court's decision:* "The State Supreme Court, Appellate Division, with Judge Milonas presiding, held that hospitalization for treatment of malnutrition was not subject to the limitation of coverage applicable to in-hospital care for psychiatric disorders, even though the malnutrition was caused by a psychiatric disorder". A motion was granted to recover costs for the treatment of malnutrition and other medical complications of anorexia nervosa.

*Judicial Reasoning:*

- ▶ The patient was hospitalized for treatment of malnutrition and hypotension. She was not admitted to a psychiatric unit;
- ▶ Care included nasogastric feeding directed at reversing weight loss and physical symptoms;
- ▶ The malnutrition did not have to be severe;
- ▶ Patients admitted for a physical condition may also receive psychiatric counseling. Psychotherapy "does not negate the fundamental nature of the treatment as being medical";
- ▶ "It is axiomatic that ambiguities in an insurance policy are to be construed against an insurer, particularly when found in an exclusionary clause."

*Implications:*

- ▶ "The fact that ... physical disability was the result of the psychiatric condition known as anorexia nervosa does not transform what is customarily medical treatment into psychiatric treatment."
- ▶ "It is the physical condition and the treatment required to deal with that condition that is crucial, not the reason for the disorder."
- ▶ "Any person suffering from malnutrition would have received the same or comparable treatment."

*Comment:* The physical consequences of anorexia nervosa should be considered in the same way as other psychiatrically related medical/surgical conditions, such as drug overdoses or a gunshot wound from a suicide attempt.

## Case 2:

*Ambiguity ruled in favor of insured*

Manheim vs. Travelers Insurance Company, U.S. District Court, Eastern Division of New York (92-CV-5466[JG]), (From a transcript of the bench trial)

**F***acts:* When the plaintiff's daughter was hospitalized for treatment of anorexia nervosa, the 5'2" woman weighed 72 pounds. She had an intense fear of gaining weight. During the 5-month hospitalization, she received psychiatric and medical treatment in a psychiatric hospital. Travelers paid for 30 days of treatment, but refused to pay for the remaining 4 months.

*Court's Decision:* The patient warranted medical benefits for treatment until she reached 85% of her ideal body weight. "Over time, as her physical condition improved, the psychiatric care became the primary purpose of her hospitalization." The plaintiff was awarded \$31,360, which covered the time between admission and the time when she reached 85% of her target weight.

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"Treatment given in the context of a psychiatric hospital does not invalidate medical benefits"

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*Judicial Reasoning:* The standard set by the Simons case (the first case) was invoked. The court rejected the view that treatment was completely medical or psychiatric, choosing a "bright line" of 85% of healthy weight, at which point it was judged that the treatment became primarily psychiatric. As Judge Gleeson wrote, "To put the issue in clearer relief, I have posed to the parties the following hypothetical [case]: An insured person

suffering from clinical depression jumps out [of] a window and breaks every bone in her body. For the ensuing 6 weeks she receives indisputable necessary inpatient treatment for depression. Defense counsel has candidly ... stated that the exclusion clause does not address such dual-treatment hospitalizations and, it seems to me, pursuant to the principles I have already mentioned, this ambiguity in the contact must be resolved in favor of the insured."

*Implications:* Again, the ambiguity must be resolved in favor of the insured. Treatment in a psychiatric institution does not invalidate medical benefits. The condition treated was the determining factor of treatment methods. The point when medical treatment stops and psychiatric care begins is, to some extent, arbitrary but can be decided by scientific studies and clinical factors.

*Comment:* The weight at which treatment becomes primarily psychiatric could be argued to be higher, until nutritional rehabilitation is fully complete, but 85% is an improvement over many current benefits. The undisputed ruling here, however, is that medical benefits apply to a substantial portion of the treatment. Treatment given in the context of a psychiatric hospital does not invalidate medical benefits.

*Limitations:* The first case was adjudicated in the Appellate Division of the New York State Supreme Court, and serves as a precedent in New York. It certainly can be cited out of New York State. Perhaps more importantly, the reasoning can be applied elsewhere.

In the second case, a Federal District Court was chosen because the insurance company conducted business in numerous states. The transcript of the bench trial was not published in the Federal Supplement and therefore the case is not a precedent. However, the case can certainly be referred to and the logic invoked. It carries less authority than the 30% or so federal cases with formally published decisions.

For a copy of these two court cases, send a check or money order for \$5.00 to Ms. S. Crouse, Secretary, 2887 JPP, 200 Hawkins Drive, Iowa City, IA 52242

## More Academy News

### National Advocacy Group

#### Academy to Organize Conference to Explore Support of Eating Disorders Treatment and Research

The erosion of treatment opportunities for people with eating disorders has raised questions of whether we should investigate new means of influencing decisions about psychiatric care. Following discussions between members of the Academy's Executive Council and members of the Eating Disorders Research Society Executive Committee, Walter Kaye, M.D. has been appointed by the Academy to chair a task force charged with spearheading efforts to mount a national grass roots advocacy movement to support eating disorders treatment as well have a voice in the political process. In addition, this movement might support research, research training, and related issues. The scope of this effort would be similar to those established by NAMI and NARSAD for other serious psychiatric disorders. Dr. Kaye, Director of the Eating Disorders Module at Western Psychiatric Institute, University of Pittsburgh School of Medicine and Chair of the Academy's Managed Care Committee had initiated discussion among members of both groups to stimulate these developments. In consultation with Laurie Flynn, Executive Director of NAMI, Dr. Kaye and Dr. Katherine Halmi of Cornell, and other colleagues are discussing strategies for organizing a conference in which families from major eating disorders treatment centers would be invited to participate, together with Academy leaders, NAMI officials, and others such as representatives from the media and political arenas. Members of the Academy and Research Society will serve as a steering committee. Patricia Santucci, M.D., who participated in the conference calls, will serve as liaison between these efforts and those of the Coalition of Eating Disorders Organizations, whose support will be sought to help make these efforts successful. If you are aware of

family members of people with eating disorders that would be interested in contributing to sponsoring such a conference, please ask them to contact Dr. Walter Kaye at 412-624-3507 (fax 412-624-6618; e-mail WALT@COPE.WPIC.PITT.EDU).

### Eighth International Conference On Eating Disorders

#### 1998 Academy Spring Conference

If you have suggestions concerning the content of the meeting, including specific topics or speakers for plenary or workshop sessions, please contact the Program Committee Co-Chairs:

Kathleen M. Pike and Michael J. Devlin  
Eating Disorders Research Unit  
New York State Psychiatric Institute,  
Unit 98; 722 West 168th Street  
New York, NY 10032  
e-mail: kmp2@columbia.edu (Pike)  
mjd5@columbia.edu (Devlin)

Michael Strober  
UCLA Neuropsychiatric Institute  
760 Westwood Plaza  
Los Angeles, CA 90024; e-mail:  
MSTROBER@npnh.medsch.ucla.edu

### Volunteers Needed at the APA

Volunteers are needed to staff the Academy of Eating Disorders booth at the American Psychiatric Association Meeting in San Diego, May 18-21. In addition to seeing your colleagues and helping to recruit members, you will be doing a the Academy a great service. Residents, fellows, students and spouses can be of service with just a few minutes of training. Booths need to be staffed during the following times:

Sunday, May 18, 11 am to 6 pm  
Monday, May 19, 10 am to 6 pm  
Tuesday, May 20, 10 am to 6 pm  
Wednesday, May 21, 11 am to 1 pm

If you can fill one of these slots or part of a slot, Please contact Pat Santucci, M.D.  
852 West Street, Naperville, IL 60540  
Phone: 630-305-5011  
Fax: 630-305-5083

## Nominating Committee

The Nominating Committee seeks nominations for the President-Elect for the Academy for Eating Disorders. Please send your nominations to Dr. Ruth Striegel-Moore, Chair, Nominating Committee by e-mail (rstriegel@mail.wesleyan.edu), voice mail (860-685-2328), fax (860-685-2761), or snail mail (Department of Psychology, Wesleyan University, Middletown, CT 06459, USA).

## Academy Representation

### Members-at-Large

The following are the members-at-large and their respective Divisions\*. The Board of Directors of the Academy consists of the officers as well as 6 Members-at-Large, no two of whom can be from the same professional division (*Section 1.1 Academy Bylaws*).

Judy Baldrige, M.S.W. (8)  
Felecia Boyd, M.S. (4)  
Martin Fisher, M.D. (5)  
Walter Kaye, M.D. (6)  
Gloria Leon, Ph.D. (1)  
Stephen Wonderlich, Ph.D. (7)

### \* Key to Divisions

1 = Academic Sciences  
2 = Dietetics  
3 = Human Services  
4 = Nursing  
5 = Primary Medicine  
6 = Psychiatry  
7 = Psychology  
8 = Social Work

## Academy to Establish Website

The Executive Board is exploring the possibility of establishing an Academy Website. Anyone interested in assisting in creating the site or in reviewing the information to be included on the site, contact the Academy Central office.

## Regulation of the Diet Industry

Connecticut has become the first state in the country to pass legislation regulating the claims made by weight loss products and companies regarding safety and efficacy of diet products. A new law initiated by Psychologist Dr. Lisa Berzins and Connecticut Attorney General Richard Blumenthal, drafted by Special Counsel Richard Kehoe, and signed into law by Connecticut Governor John Rowland. The new law took effect in October 1996.

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New law prohibits false claims of efficacy and safety by diet industry

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### *Main points of the new law:*

- ▶ Prohibits diet companies from misrepresenting the likelihood that a customer will regain weight following the use of a diet product.
- ▶ Prohibits diet companies from stating the success of customers in achieving or maintaining weight control, unless the company bases the claims on reliable scientific evidence using a representative sampling of all customers.
- ▶ Requires any statements made by diet companies claiming that customers have successfully maintained weight loss to include the average percent of weight loss achieved, the average time weight loss was maintained, the percentage of customers used to make claims if a representative sample was not used, and the statement: "For many dieters, weight loss is temporary".
- ▶ Prohibits diet companies from making any statement about the safety of a diet providing less than 1,000 calories a day, unless the company states in a clear manner that a physician is monitoring the program for health risks.

*Note:* The above material was adapted with permission from the Spring/Summer

issue of P.L.E.A.S.E., a non-profit advocacy group dedicated to promoting diversity and self-esteem. For more information, Lisa Berzins, Ph.D.:  
91 South Main Street,  
West Hartford, CT 06107  
Phone: 860-521-2515; Fax: 860-521-8291  
e-mail: PleaseInc@aol.com

### Academy International

*Continued from page 2*

World's population is non-Western, suggesting that we need to examine our current paradigm for diagnosis and treatment. As our consultations have proceeded, it has become clear that the question now is not "SHOULD the academy have an international role?", but "HOW might the Academy have an international role?"

Amongst many suggestions that have been put forward are that the Academy could assist with: a) investigation of how information can be better exchanged around the globe, including possibly the setting up of a site on the World Wide Web, b) the supply of journals to those countries in financial need, c) the preparation and dissemination of distance learning packs, d) the provision of assistance to professionals in countries with limited needs, e) the coordination of sponsoring arrangements, and f) discounts to journals and conferences.

We are open to any other suggestions all of which will be put to the executive committee of the Academy. Please do not hesitate to contact either Dr. Lask or Dr. Katzman by phone, e-mail or snail mail:

Bryan Lask, M.D.  
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Melanie Katzman, Ph.D.  
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de Crespigny Park  
London SE5, England  
e-mail at: gr56@dial.pipex  
fax and phone: (44) (0) 171-435-0375

## Other Meetings and Conferences

### 3rd London International Conference on Eating Disorders

April 15-17, London, England

The 3rd London International Conference on Eating Disorders will be convened on April 15-17, 1997 and is being organized by the British Journal of Hospital Medicine and Great Ormond Street Hospital for Children (Dr. Bryan Lask and Dr. Rachel Bryant-Waugh are the Conferences hosts). The previous two meetings were highly successful, each drawing more than 600 delegates from over 30 countries. The 1993 meeting was opened by the Princess of Wales.

The program includes plenaries, short papers, posters and workshops. A long list of distinguished clinicians and researchers will be presenting at the Conference. The program will include the very latest ideas and research findings, ensuring that the Conference will be of great interest and value to those involved in the field of eating disorders, as clinicians or researchers.

The conference will be held in the beautiful New Connaught Rooms, in the very center of London, with shops, restaurants, theaters and Covent Garden all on the doorstep. The social program will be very entertaining and full of surprises.

There is a generous early booking discount and free registration for one contributor from each accepted workshop or scientific paper. Preliminary programs, registration forms, and abstract submission forms are available from the Conference Manager,  
Mark Allen, International Conferences,  
Croxted Mews, 286a-288 Croxted Road,  
London SE24 9BY  
(Phone: +44-181-671-7521; Fax: 7327)

### Challenge the Body Culture Conference: Attitudes, Acceptance and Diversity into the 21<sup>st</sup> Century

September 7-8, 1997, Brisbane, Australia

This inaugural conference will be presented by the Queensland University of

Technology Faculty of Health and the Queensland Eating Disorders Association. This meeting should be of interest to a broad range of health and education service providers, researchers, members of the performing arts, fashion and the media. For more details and to register, contact the conference Secretariat, P.O. Box 3496 South Brisbane Business Centre Old 4101 Australia  
Phone: +61 7 38440909  
email: [icmsqld@icms.com.au](mailto:icmsqld@icms.com.au)

#### Japanese Society of Eating Disorders January, 1998, Tokyo, Japan

The Japanese Society of Eating Disorders (JSED) was established earlier this year, chaired by Dr. Hiroyuki Suematsu, and is aimed at improving clinical research on eating disorders. The JSED will be hosting its First Annual Meeting in January, 1998 under the direction of Dr. Tomifusa Kuboki. For further information on the JSED or the First Annual Meeting in Tokyo, contact: Yoshikatsu Nakai, M.D.  
College of Medical Technology  
Kyoto, Japan 606  
Phone & Fax: 81-75-751-3912

#### Call for Papers

**E**ating Disorders: the Journal of Treatment and Prevention is soliciting articles for the "How I practice" section of the journal. This is a unique opportunity to write about what you do that is unique, interesting or innovative and to have your work published in a peer reviewed journal. The journal represents inter-disciplinary approaches to the treatment and prevention of eating disorders and is committed to presenting work that is feminist in nature. Articles for this section of the journal can include case studies, treatment techniques, personal perspectives on the treatment of eating disorders, and countertransference struggles to highlight just a few areas. Papers for this section should be between 6-12 pages typed double-spaced. Send submissions to Robin Sesan, Ph.D., Special Section Editor, Brandywine Psychotherapy Center, 2500 Grubb Road, Suite 240, Wilmington, DE 19810.

## Academy Newsletter

Please send all suggestions for articles, items of interest, job opportunities, information regarding upcoming events or meetings and letters to the Editor:

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Toledo Center for Eating Disorders  
7261 Central Avenue  
Toledo, OH 43617  
Fax: 419-885-8600  
Phone: 419-843-2300  
e-mail: [garnerdm@aol.com](mailto:garnerdm@aol.com)

The deadline for submissions for the next *Newsletter* is May 1, 1997.

*All contributions to the Newsletter must be submitted to the Newsletter Editor in hardcopy and on 3½ disk, preferably in WordPerfect 6.0 or 5.1 (DOS).*

## Academy Division Chairs

If you have questions or comments regarding division membership or possible division sponsored events please contact the Division Chairs at the phone #s below:

**Academic Sciences**  
David Tobin, Ph.D.: 413-784-5400

**Dietetics**  
Dan W. Reiff, M.P.H., R.D.: 206-232-8404

**Human Ecology**  
Charles Schoengrund, Ph.D.: 708-983-0630

**Human Services**  
Doris Aachary, M.S.: 305-370-0966

**Nursing**  
Vivian Mehan, R.N.: 847-832-3438

**Primary Medicine**  
Garry Sigman, M.D.: 847-696-7714

**Psychology** ~  
David M. Garner, Ph.D.: 419-885-8800

**Psychiatry**  
Patricia Santucci, M.D.: 708-668-8977

**Social Work**  
Judi Goldstein, L.S.W.: 1-800-736-3739

## Academy Committees

**M**embership  
Stephen Wonderlich, Ph.D.  
ND School of Medicine  
Department of Neuroscience  
1919 North Elm Street  
Fargo, ND 58102  
701-293-4109

**N**ominations  
(Immediate Past President)  
Ruth Striegel-Moore, Ph.D.  
Department of Psychology  
Wesleyan University  
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**P**ublications  
To be announced

## ACADEMY FOR EATING DISORDERS

Business Office - c/o Division of Adolescent Medicine; Montefiore Medical Center  
111 East 210th Street, Bronx, New York 10467; (718) 920-6782 Fax (718) 920-5289

## MEMBERSHIP APPLICATION AND INFORMATION SHEET

Name: \_\_\_\_\_ Current Positions: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Telephone: Home: \_\_\_\_\_ Work: Fax: \_\_\_\_\_

Discipline: \_\_\_\_\_ Highest Degree: \_\_\_\_\_

To what Division are you applying?:

(Academic Sciences; Dietetics; Human Ecology; Human Services; Nursing; Primary Medicine; Psychiatry; Psychology; Social Work)

Are you Board Certified:  Yes  No Board:

Check all that apply:  Practitioner  Researcher  Academician

Have you ever been subject to disciplinary action by a professional organization, hospital or institution?  Yes  No

If yes, please attach an explanation as to when this occurred, what the sanctions were, and whether those have been met.

Do you have any pending malpractice litigation or ethical charges?  Yes  No; If yes, please attach an explanation.

Committees of the Academy are listed below. Check those in which you would be willing to be actively involved:

Finance  Membership  Bylaws  Third Party  Nomination  Recruitment

Publication  Research  Awards  Program  Prevention

**Applicants for Full Membership - Please attach or request the following:**

- 1. A copy of your resume
- 2. A copy of your diploma for your highest degree
- 3. Names and addresses of two references from supervisors, professors, colleagues or members of the Academy that can speak to your knowledge and experience in the field of eating disorders. Business office will forward Reference Form to individuals listed below.

Name	Address
Name	Address

4. If you are a clinician, have you completed at least 60 hours of training in eating disorders?  Yes  No  
If you are a clinician, have you spent at least 250 hours treating clients with eating disorders?  Yes  No  
If you are a *non-clinician*, have you had at least 60 hours of professional activities related to eating disorders?  Yes  No

**Applicants for Associate Membership - Please attach the following:**

- 1. A copy of your resume.
- 2. A copy of your diploma for your highest degree.

**Applicants for Student Membership - Please attach the following:**

- 1. A letter from department chairperson verifying your student status.
- 2. A copy of your resume.

Signature	Date
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**Fees for application and first year membership:**

Full member ..... \$100.00; Associate Member ..... \$100.00

Student Member ..... \$ 35.00

Make checks payable to **Academy for Eating Disorders** and forward with application to the ACADEMY FOR EATING DISORDERS Business Office (address above).