Articles of Interest in the Eating Disorders Field

The literature in the field of eating disorders has grown steadily over the years. While this speaks to the activity of research in this area, this has also made it more complex for eating disorder treatment professionals to find key articles within their particular area of interest and specialty, or to review articles from other specialties involved in eating disorder care.

In that context, AED members have requested a reading list to help navigate the literature. The purpose of this resource is to provide members with a relatively quick and easy reference to some of the key articles in our field. Researchers, clinicians, educators, and advocates, particularly those new to the field, may find this list a good starting point for getting to know the literature and learning about the state of the field. When available, we included links to the article abstracts on PubMed.

Selection Process. Articles were selected based on scientific merit and impact on the field. First, based on AED member input, a list of articles within each section was created. Commonly cited articles in F1000 post-publication peer review were then added. Second, each section was reviewed and edited by at least one seasoned AED member with specific expertise in that topic area. Lastly, only articles with a citation count (Web of Science) within 1 SD from the mean citation count for that section were included. Only articles published through 2010 were included to allow sufficient time to determine impact. We are aware though that other citation indexes have different citation criteria and may come up with different results.

There were two exceptions to this rule. First, in some areas relevant to eating disorders research, the only articles available have low citation counts. For some of those articles, committee members unanimously supported their inclusion. Second, review articles published in the International Journal of Eating Disorders in 2012 were included in a stand-alone section (IJED Review Articles) to direct readers to articles providing a general overview of research in the eating disorders field.

This list is a work in progress. The Electronic Media committee will update the list yearly after the annual International Conference on Eating Disorders (ICED) meeting based on your [AED member’s] input and recommendations. Instructions for recommending articles are provided at the bottom of this page.

Sections (Please click on the link to go directly to your area of interest)

IJED Review Articles
Historical Accounts
Genetics
Neurobiology
Neuropsychology
Developmental
Epidemiology/Course/Outcome
Risk Factors
Assessment
Prevention
Treatment
Psychopharmacology
Health Services
Medicine

With each section, articles are listed first chronologically (newest to oldest publication date), then alphabetically (by author’s last name).
IJED Review Articles (2012 only)


Historical Accounts


Marce, LV. (1860b.) On a form of hypochondriacal delirium occurring consecutive to dyspepsia, and characterized by refusal of food. *Journal of Psychological Medicine and Mental Pathology*, 13, 264-266.


Genetics

**Family Studies**


**Twin Studies**


**Linkage studies**


**Genomewide Approaches**


**Neurobiology**


Uher, R., Brammer, M.J., Murphy, T., Campbell, I.C., Ng, V.W., Williams, S.C., et al. (2003).


**Neuropsychology**


**Development**


**Epidemiology, Course, Outcome (M 21, SD 79.6)**


**Risk Factors**


**Assessment**


**Prevention**


Treatment


Relapse predictors of patients with bulimia nervosa who achieved abstinence through cognitive behavioral therapy. *Archives of General Psychiatry, 59*(12):1105-1109. PMID: 12470126.


**Psychopharmacology**


**Health Services**


**Medicine**

**General Medicine**


**Cardiac**


**Dermatology**


**Endocrine**


**GI**


**Hematology**


**Nutrition/Metabolic**


**Want to recommend an article?**
E-mail the AED Electronic Media Committee at Info@aedweb.org with the complete citation, PMID, and a brief statement (1-3 sentences) on why the article is ‘a must read.’