

Coaches Wanted for an Online Guided Self-Help Study!

Funded by the NIMH, iAIM EDU provides a coached mobile intervention to college students who screen positive for anxiety, depression, or eating disorders.

Coaches will gain:

- Experience with digital therapy.
- Knowledge about these disorders.
- Experience in CBT evidence-based treatment.
- Exposure to the cutting-edge mobile approach.
- Depending on your program you may be able to count your supervision hours.

Coaching will involve:

- A 1 year commitment starting with training.
- Providing users with feedback on their progress for 4 hours a week, on your own time and from anywhere.
- Video chatting with your supervisor for 1 hour a week.

To apply, please send your resume to Dr. Elsa Rojas at erojas@paloaltou.edu. Applications will be reviewed on a rolling basis and applications received early will be given priority.

