

# SMART TECHNOLOGY FOR ANOREXIA NERVOSA RECOVERY



We developed this app to help teens and young adults who have received intensive treatment for an eating disorder and are in outpatient therapy, and inform you of their progress each week. Our goal is to improve treatment outcomes.



To participate in our research study, you must have a current professional license OR work under the supervision of a licensed provider, meet with patients weekly, be responsible for their treatment planning, read and speak fluent English, and be at least 18 years old.



If eligible, you will complete brief surveys with us and enroll your patients to use the STAR app for 12 weeks. Information from their weekly in-app surveys will be provided to you through our online therapist dashboard to help inform treatment decisions. You will be compensated for your participation.

