

THE EATING DISORDER CENTER (EDC)

The EDC serves children, adolescents, and young adults between the ages of 8-21 who are diagnosed with a variety of eating disorders (e.g., anorexia, bulimia, binge eating disorder, ARFID)

We are located on the Long Island Jewish Medical Center campus in Queens, NY. As an insurance-based program in the greater NYC area, we serve a diversity of families from various racial, cultural, and socioeconomic backgrounds.

LEVELS OF CARE

- On the **Inpatient Medical Unit** EDC clinicians provide consultation and brief psychotherapeutic interventions for patients and families who require intensive medical care related to eating disorder symptoms and complications.
- The **Partial Hospital Program** is a five day a week service for patients requiring continued medical monitoring and intensive support. Our virtual PHP utilizes a Family-Based Therapy (FBT) for anorexia model with DBT included adjunctively. In person, the PHP is a comprehensive DBT program with FBT elements.
- The **Outpatient Program** is our newest addition to our Eating Disorders Center and utilizes FBT, DBT and exposure-based interventions for patients with eating disorders and their families.

*Eating Disorder Center at
Cohen Children's Medical Center's*

FED Eating Disorder Postdoctoral Psychology Fellowship

Family, Exposure, and DBT-based (FED) Eating Disorder fellows work with youth presenting with eating disorder pathology alongside a variety of complex comorbidities and their families.

Fellows deliver **evidence-based interventions** across our continuum of care, predominately utilizing behavioral and DBT principles with integrated family therapy techniques.

In addition to providing services across the EDC continuum, fellows can participate in **staff training, program development, and research endeavors.**

Additional training activities include targeted professional development series and various general and targeted didactics, including hospital-based grand rounds.

CLINICAL SERVICES AND OPPORTUNITIES

Embedded within our **multidisciplinary team**, fellows provide services across settings for a diverse, in-depth training experience in all levels of care.

Services on the medical inpatient **consult service** vary based on the needs of the medical team and patients. At the partial hospital and outpatient levels of care, fellows provide **individual, family, and group therapy, coordinate group therapy services, and provide clinical supervision** to psychology trainees.

OUR TEAM

The EDC team consists of DBT and behaviorally oriented clinicians and trainees including three psychologists, a psychiatrist, child psychiatry fellows, a dietician, art therapists, behavior health specialists, social workers, and administrative support staff.

Our team is dedicated to respecting and celebrating the diverse identities and experiences of our patients and staff.

We work to cultivate a nonjudgmental and supportive culture and enjoy celebrating birthdays and clinical successes in addition to providing as needed support working with this challenging, and highly complex patient population.

PSYCHOLOGY SUPERVISORS

Lauren Salvatore, PsyD

Dr. Salvatore is the clinical director of the EDC where she implements treatment for adolescents and supervises psychology trainees. Prior to earning her doctorate from Yeshiva University, Dr. Salvatore completed various clinical experiences in inpatient, outpatient and forensic settings. She completed her internship at Kings County Hospital Center and her postdoctoral training at Northwell Health's Early Treatment Program/Behavioral Health College Partnership. She works with individuals across the lifespan and has a special interest in CBT for children and adolescents and conducting forensic evaluations. She has been intensively trained in DBT through Behavioral Tech.

Sarah Maza, PhD

Dr. Maza is a staff psychologist at the EDC and provides consultation to families and staff on an inpatient medical unit for eating disorders, leads parent groups, and supervises psychology trainees. She specializes in parent training and is passionate about strengthening the relationship between parents and kids. Dr. Maza received her Ph.D. in clinical psychology from Hofstra University. She completed her predoctoral internship at Columbia University Medical Center in New York, NY in the Child Track followed by a postdoctoral fellowship at the Eating Disorders Center at Cohens Children's Medical Center.

Thea Bardin, PhD

Dr. Bardin is a staff psychologist at the EDC and coordinates outpatient clinical care and program development. She utilizes CBT, DBT, ACT and FBT in her clinical work. After earning her doctorate from Hofstra University, Dr. Bardin completed her internship at Johns Hopkins University Counseling Center, her postdoctoral fellowship at Northwell's Behavioral Health College Partnership and served as a psychologist at Hofstra University's Student Counseling Services. Dr. Bardin has a past career as an artistic swimming coach and is interested in strategies to create healthy sports environments for developing athletes.

IDEAL CANDIDATES

Candidates with a foundation in behavioral principles and prior experience working with youth and families will be prioritized. **No prior eating disorder experience is required.**

Given the complexity of the patient population served, individuals who are **flexible, collaborative, able to deliver evidence-based treatments creatively and with fidelity** will be a good match.

Ideal candidates will have completed all requirements for a doctorate in Health Service Psychology, including a one-year full-time psychology internship and be eligible for a New York State limited permit to practice psychology.

HOW TO APPLY

To apply, send a **cover letter** describing your interests and fit with our training program, **two letters of reference**, and **CV** to Dr. Bardin at abardin3@northwell.edu. Please combine materials into one PDF.

Applications will be reviewed on a rolling basis starting November 15th. For more information, email Dr. Bardin, abardin3@northwell.edu

Salary: \$50,000

Note: The FED fellowship is not APA accredited.



The Eating Disorder Center's

Family, Exposure, & DBT-based Eating Disorder Postdoctoral Fellowship



*Training Brochure
2024-2025*