

**Who can participate?**

* Children ages 6-12
* Current diagnosis of ARFID
* Able to speak English
* Living with at least one parent (the whole family will be enrolled for treatment)
* Medically stable for outpatient treatment
* Able to make a 6-month commitment

Children ages 6 to 12 with a diagnosis of Avoidant Restrictive Food Intake Disorder (ARFID) and their families are invited to participate in a Family-Based Treatment (FBT) vs. a manualized Non-Specific Care (NSC) research study through the Stanford Department of Psychiatry & Behavioral Sciences.

The study consists of 14 one-hour sessions in either treatment arm along with required medical management over the course of 4 months. Treatment will be provided by doctoral-level, highly skilled therapists.

# **To sign up:** Email Eliza at arfidstudy@stanford.edu Or call 650-723-5521

For Participant's rights questions, contact 1-866-680-2906. For general information regarding questions, concerns, or complaints about research related injury or the rights of research participants, please call 650-723-5244 or toll free 1-866-680-2906 or write to the Administrative Panel on Human Subjects in Medical Research, Administrative Panels Office, Stanford University, Stanford CA 94305-5401.

Have you been concerned about your child’s growth?