

# **PSYCHOLOGY POSTDOCTORAL FELLOWSHIP PROGRAMS**

***(APA-Accredited)***

***Sept. 1, 2021 – August 31, 2022***

**Long Island Jewish Medical Center - Zucker Hillside Hospital**

***Northwell Health***

***(Formerly: North Shore – LIJ Health System)***

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***Fellowship Offerings***



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## OVERVIEW

Postdoctoral Fellowship training is available at the Long Island Jewish Medical Center campus which includes The Zucker Hillside Hospital, the Steven and Alexandra Cohen Children's Medical Center, and Long Island Jewish Hospital. Fellowship training is available in Clinical Psychology with an Emphasis in Geropsychology and Clinical Child Psychology. These Fellowship programs are accredited by the American Psychological Association. The following section broadly describes the institutions and resources within which the Fellowship takes place. Separate descriptions of each of the Fellowship tracks and their requirements are in separate sections of this brochure.

***Mission of the Health System:*** Northwell Health strives to improve the health of the communities it serves and is committed to providing the highest quality clinical care; educating the current and future generations of health care professionals; searching for new advances in medicine through the conduct of bio-medical research; promoting health education; and caring for the entire community regardless of the ability to pay. Northwell Health aims to be a national health care leader, committed to excellence, compassion and improving the health of the community; to become the leader in providing quality health care which can be defined and measured; to improve the human condition by advancing disease-oriented, basic scientific and clinical research; to provide an exceptional learning environment; to act as a system and be recognized as the provider of choice which is operationally efficient and financially successful; to provide an environment in which patients, their families, and physicians are highly satisfied with the services provided through the Health System; to become the employer of choice through the development and support of a competent, motivated and productive workforce; to become an indispensable community asset by responding to identified health needs through education, advocacy, partnerships and programs which result in improved access to care and health outcomes; and to become the preferred hospital partner for physicians practicing in the service area.

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## THE PROFESSIONAL SETTING

**Northwell Health (formerly the North Shore–LIJ Health System):** The nation's 14th-largest health system, Northwell Health delivers world-class clinical care throughout the New York metropolitan area, pioneering research at The Feinstein Institute for Medical Research, a visionary approach to medical education highlighted by the Hofstra North Shore-LIJ School of Medicine, and healthcare coverage to individuals, families and businesses through the CareConnect Insurance Co. Inc. Northwell Health cares for people at every stage of life at 23 hospitals and over 450 outpatient physician practices throughout the region. Northwell Health's owned hospitals and long-term care facilities house more than 6,600 beds, employ more than 13,300 nurses and have affiliations with about 10,300 physicians. With a workforce of more than 70,000, Northwell Health is the largest private employer in New York State. For more information, see [Northwell Health](#).

**Long Island Jewish Medical Center (LIJMC):** Long Island Jewish Medical Center offers world-class cardiology, cardiac surgery, thoracic surgery, orthopedics, head and neck oncology, urology, gynecology and vascular programs. Its 48-acre campus features three major facilities:

- Long Island Jewish Hospital
- Cohen Children's Medical Center
- Zucker Hillside Hospital

Long Island Jewish Medical Center is a 524-bed, not-for-profit teaching hospital serving the greater metropolitan New York area. The primary focus is on the complete care of the patient, with a healing environment, compassionate hospitality and a collaborative team approach to ensure the best outcomes for patients. In its advanced facilities for medical, surgical, dental and obstetrical care, its expert staff uses some of the most advanced diagnostic and treatment technologies available today.

**The Zucker Hillside Hospital (ZHH)** Zucker Hillside Hospital is North Shore-LIJ's nationally recognized behavioral health center known for its pioneering clinical, teaching and research programs. The National Institute of Health has established a Clinical Research Center for the Study of Schizophrenia at Zucker Hillside Hospital, one of only four such facilities nationwide.

The hospital's recently opened new, 116-bed, \$120 million inpatient pavilion is a state-of-the-art, 130,000-square-foot facility which houses six specialized units that discretely treat young adults and college students suffering from early phase psychosis and other serious conditions,

including suicidal impulses and substance abuse; patients with major depression and bipolar disorder; women with gender-specific needs; adolescents with mood and severe behavior problems; and geriatric patients with later-life depression, psychiatric expression of physical illness and overwhelming behavioral disturbances that complicate Alzheimer's disease and related dementias. Clinical rotations are available in some of these programs. The hospital is networked to support a computerized behavioral health information system and clinical record allowing clinicians to easily share important patient data, facilitate access to the Internet and reduce the burden of medical record documentation requirements. Zucker Hospital was included in the *U.S. News & World Report Best Hospitals 2013-2014* and is a National Institute for Mental Health designated *Clinical Research Center for Study of Schizophrenia*.

Outpatient programs serve all ages and encompass the full continuum of care. These services include health centers, partial hospital treatment programs, and a full range of psychiatric rehabilitation services. Programs for alcohol and chemical dependency are available both on the main campus and in numerous community-based sites.

The goal at Zucker Hillside Hospital is to promote wellness and to reintegrate patients back into the community to work, attend school, socialize, and live independently.

### **Steven and Alexandra Cohen Children's Medical Center (CCMC)**

Steven and Alexandra Cohen Children's Medical Center of New York is dedicated to providing the highest levels of care in meeting the special needs of children, from premature babies to adolescents. The specialists in its national and international programs cover an entire range of specialties including: **Cardiology, Cardiothoracic Surgery, Minimally Invasive Surgery, Stem Cell (Bone Marrow) Transplantation**. Cohen Children's Medical Center 202-bed hospital opened in 1983 as the New York metropolitan area's only hospital designed exclusively for children. Today it is the largest provider of pediatric health services in New York State, serving 1.8 million children in Brooklyn, Queens, Nassau and Suffolk counties.

State-of-the-art care for children's medical, surgical, psychiatric and dental needs is provided in both inpatient and outpatient settings. Outpatient services are available at Cohen Children's main campus in New Hyde Park and at regional consultation centers in Commack, Hewlett, Bensonhurst, Williamsburg and Flushing.

The Division of Child and Adolescent Psychiatry has a large ambulatory service that includes traditional outpatient psychiatric services and a crisis evaluation team. There is also an active Consultation-Liaison Service and a specialized Eating Disorders Program. There is a strong psychology presence as well in the Department of Pediatrics (i.e., Hematology/Oncology, Medical Genetics, and the LGBTQ Transgender Program).

**Research at Long Island Jewish Medical Center** The Zucker Hillside Hospital has a large, internationally recognized research program that attracts trainees and visiting scientists from the U.S. and abroad. The hospital's inpatient, day hospital and outpatient facilities serve as sites for research investigation. Investigators and research staff are housed in a dedicated research facility and subsumed under the Feinstein Institute for Medical Research (see below). The National Institute for Mental Health (NIMH) funds the Zucker Hillside Hospital's Intervention Research Center for the Study of Schizophrenia. The Center is only one of four such resources in the country and provides support for a number of NIMH funded studies of treatment in schizophrenia. Additionally, the National Institute of Mental Health, the National Institutes of Health and the American Recovery and Reinvestment Act have committed \$40 million in funding for a study of Recovery After an Initial Schizophrenia Episode (RAISE), a large-scale, research project that seeks to fundamentally change the way schizophrenia is treated by developing and testing innovative and coordinated intervention approaches in the early stages of the illness. Research is also conducted in bipolar disorder, depression, dementia, childhood behavioral disorders, epilepsy, and anxiety disorders. Psychologists play a prominent role in many of these studies.

**The Feinstein Institutes of Medical Research** is the research branch of Northwell Health and is headquartered in Manhasset, NY. The Institute is composed of more than 1,500 clinicians, scientists and staff who work in laboratories and clinical research programs in collaboration with clinicians and patients throughout the many facilities of North Shore-LIJ. Every year, more than 15,000 patients and volunteers participate in over 2,000 research studies. The institute is dedicated to disease-oriented basic and clinical research and seeks to improve lives by advancing treatments and cures for illnesses. The Institute is ranked in the top 6% of independent research institutions funded by the National Institutes of Health.

Currently, investigators and clinical scientists are enrolled in the Institute conducting research in oncology, immunology and inflammation, genetics, psychiatry, neurology, pediatrics, surgery, urology, obstetrics/gynecology and many other specialties. Total annual research funding from all sources exceeds \$35 million per year. Neuroscientists at the Institute have developed novel imaging techniques to map out nerve pathways in the brain that relate to behavior and recovery for movement disorders such as Parkinson's disease, Huntington's disease and Dystonia and played a key role in developing current treatments for Schizophrenia.

**The Health Sciences Library at the Long Island Jewish Medical Center** is an integrated system that includes libraries at the Long Island Jewish and Zucker Hillside Hospital Divisions. All employees of Long Island Jewish Medical Center, staff physicians, students participating in current clinical rotations, and authorized volunteers are eligible for library privileges. The library is open to the public for use of on-site collections and photocopying, or viewing of consumer health videos. Extensive electronic resources include MEDLINE, OVID, PubMed, ACP

Medicine & ACS, Federal Register, Surgery, StatRef, Associations and Governmental/Healthcare Sites, MDConsult, Electronic and Print Journals, Books on Cultural Diversity, Consumer Health, Electronic Textbooks, and Health and General Reference.

**The Division of Psychological Services at Long Island Jewish Medical Center** The role of Psychological Services (a division of the Department of Psychiatry) and the expansion of training opportunities for psychologists have paralleled the general growth of mental health services in the health system. Over 60 psychologists - mostly based at the Long Island Jewish Medical Center and North Shore University Hospital (NSUH) campuses - contribute to every aspect of patient treatment. Psychologists direct programs, provide patient care, supervise, teach, conduct research and consult in varied community settings. Psychologists typically work in consultation and collaboration with other professionals. In addition to our Fellowships in Clinical Psychology (geropsychology emphasis) and Clinical Child Psychology, there is an APA-accredited pre-doctoral clinical internship that includes tracks in clinical child psychology, adult psychology and neuropsychology. Also, there are over 40 psychology externs.

### **Donald and Barbara Zucker School of Medicine at Hofstra/Northwell**

Hofstra University and Northwell Health are partners in the establishment (in 2011) and operation of the Zucker School of Medicine. The Zucker School of Medicine is built upon the strong clinical and graduate medical education programs of the Health System and the robust research and academic programs of Hofstra University and the Feinstein Institute for Medical Research at Northwell Health. Faculty members have academic appointments in the Department of Psychiatry at the School of Medicine.

## **OUR VALUES REGARDING DIVERSITY**

Northwell Health provides services to a diverse clientele that mirrors the cultural richness of the New York City metropolitan area. Northwell Health clientele are diverse with respect to race, ethnicity, religious faith, sexual orientation, age, disability status, and life experience. We believe that diversity is a rich resource for personal and professional development. We value the diversity of our staff and trainees and believe that their many backgrounds strengthen our institution. The Long Island Jewish Medical Center serves Nassau and Suffolk counties as well as the borough of Queens, which is the most diverse county in the nation, with over 170 languages spoken inside the county.

Northwell Health promotes equal opportunity and non-discrimination and welcomes applications from all qualified students regardless of race, ethnicity, religious faith, sexual orientation, age, or disability status as defined by applicable law. Qualified members of

minority groups that have historically been under-represented are especially encouraged to apply.

Several years ago the Division of Psychological Services formed a **Diversity Training Council**. The council is made up of psychology staff and trainees and aims at defining and promulgating best training practices to promote respect for diversity, to raise concerns and promote solutions. In addition, it provides a forum for mentorship and connection among a diverse group of staff and trainees. In the past two years the Council has sponsored mentor lunches devoted to women's' career trajectory and mentorship. These forums were heavily attended, received strong feedback and more are being scheduled. The Diversity Council has been gaining momentum in terms of members and it coordinates efforts with the Northwell's Office of Diversity and Health Literacy and Equity.

Finally, Northwell Health has been named one of the nation's top health systems for diversity, ranking second nationally and No. 1 in New York State, according to DiversityInc's top [Hospitals & Health Systems for Diversity](#) list (see "Top Hospitals and Health Systems"). Northwell made the list for the seventh straight year, jumping up the rankings from No. 5 a year ago. This was the second such honor this year for Northwell Health, which was named a *Fortune* [Best Workplace for Diversity](#). Northwell Health has also been recognized as an LGBTQ Healthcare Equality Leader by the Human Rights Campaign (HRC) Foundation's [Healthcare Equality Index](#) (HEI). This survey measures inclusiveness of the lesbian, gay, bisexual, transgender and queer (LGBTQ) community at large.

## OUR RESPONSE DURING COVID-19

**W**hen COVID-19 struck New York in mid-March, Northwell Health quickly mobilized to confront the pandemic by surging to treat an influx of patients as well as by developing and implementing methods to protect its health care providers. As the largest health care system – and the largest private employer - in New York State, Northwell with the guidance of CEO and President, Michael Dowling, worked with Governor Andrew Cuomo to treat and study the virus, launch research into therapeutics and outcomes and provide testing to the community at large.

As New York went on "pause", ZHH ambulatory services immediately transitioned to remote operations and developed methods to conduct and track intake appointments, individual and group therapy and medication management via several telehealth platforms. Staff on inpatient services staggered their schedules to reduce congestion and patient care was adjusted to adhere to social distancing. Patients were monitored and those showing signs of infection were

tested; positive cases were transferred out either to the medical hospital or to specialty psychiatry units at other Northwell facilities. As a result, the infection rate for patients remained very low and staff remained safe (as antibody testing later showed). Respite and reflection stations were set up on campus for the benefit of staff and a Coronavirus webpage tracked updated educational and policy information about the virus for Northwell staff.

During this time the decision was made for all trainees to work remotely and this remained in place for the remainder of the 2019-2020 training period. Trainee' outpatient work, didactics and supervision were smoothly transitioned to video-based or telephone-based platforms and efforts were made to provide some connection to patients and families on inpatient units through staff-assisted video or telephone sessions. In addition, two of our leading psychologists with noted expertise in trauma work launched a large initiative to provide relief and support to the front line medical providers. Trainees were eager to be involved in this and obtained certification in Psychological First Aid (PFA) and Skills for Psychological Recovery (SPR) through online training provided by the National Child Traumatic Stress Network. Over 500 group and individual encounters with front-line staff took place. Individual and group supervision was provided and there was a weekly Zoom conference dedicated to presentations and discussions related to PFA/SPR. While relieved of the commute and protected from exposure to patients and staff, the trainees had much to cope with, often balancing child-care and personal space issues with their workload; they managed to accomplish this with resilience, mutual support and flexibility. Interns and fellows were among the staff awarded "hazard" bonuses for their efforts during the acute COVID phase.

In planning the 2020-21 training year, we modified aspects of our sequence to accommodate a potential second surge. All interviews, didactics, supervision and meetings are taking place on Zoom or Microsoft Teams for the duration of the training year. Trainees have already been "here" in a blended fashion since July. They are provided with the required PPE and any backup health services required. All inpatients must test negative for COVID before being admitted and all staff and visitors are monitored (e.g., via thermal and mask detection devices posted at all entrance points). Our gym was converted into a "Tranquility Space" so that all staff will be able to take a few moments during their day to reflect and refuel. This Tranquility Space is a calming environment with access a Resource Station (with both system and local wellness guides and resources), a Self-Reflection Station (with coloring activities, a gratitude garden, mindfulness/journaling activities and more) and a Stretching Station (with yoga mats, blocks, stretching bands and other stress relief tools).

While we cannot predict the circumstances that will exist in the fall of 2021, we are planning a return to the optimal structure/sequence but will be responsive to changes. Many of the adaptations will likely remain, including social distancing, PPE and vigilant hand hygiene. We have learned a great deal about safety and treatment since the onset of this pandemic –

Northwell has treated the most COVID patients in New York – and we will continue to adapt together and to put new safety precautions in place as needed.

## **FELLOWSHIP PROGRAM DIDACTIC OPPORTUNITIES**

Each component program of the Psychology Postdoctoral Fellowship has seminars. These are detailed within the description of each of the programs. There is a twice monthly Psychology Fellows seminar at which Fellows gather to discuss an array of professional issues that cut across the areas that are the focus of their respective Fellowship programs.

There are educational opportunities throughout the three Hospitals that are offered by departments, professional disciplines, and training programs. Most of these activities are open to the Psychology Fellows. The Department of Psychiatry and The Division of Child & Adolescent Psychiatry each offer weekly grand rounds which feature prominent speakers from throughout the country.

## **FELLOW AND FELLOWSHIP PROGRAM EVALUATIONS**

The progress of fellows is followed throughout the training year. An initial individualized training plan is constructed from both fellow self-evaluation and supervisor input within the first two months. Then twice a year each of the fellowship supervisors provides a written evaluation to the fellow based on articulated educational goals and objectives. Supervisors within each of the Fellowship tracks also meet regularly to review the fellow's progress. The Fellowship program directors meet with each of their programs' respective fellows specifically to review their progress and needs at the midpoint of the fellowship, but they and the Director of Psychology Training are available to discuss issues related to the fellows' professional development at any time during the fellowship year.

The fellows' evaluation of the Postdoctoral Program is actively sought. The Fellow Core Issues seminar provides an opportunity to discuss ongoing administrative and professional problems that may arise. A representative is chosen by the fellows to represent the entire cohort at monthly meetings of the Education and Training Committee which includes leadership from the psychology externship, internship, and fellowship programs. The Director of Psychology Training meets with each fellow at midyear to review progress and satisfaction and to discuss any concerns. At the end of the fellowship year, fellows are asked to provide a written evaluation of the program. Prior to leaving, fellows also meet with the Director of Psychological Services to discuss their placements, supervisors and seminars. Finally, fellows are surveyed at least one year after completing the fellowship to assess the way in which the program impacted on their career and professional activities.

## POSTDOCTORAL FELLOWSHIP ADMISSIONS, SUPPORT AND INITIAL PLACEMENT DATA

Please see our [training webpage](#) for access to information about admissions, support and placement for the most recent postdoctoral fellow cohorts (or click [here](#) from this document).

## POSTDOCTORAL FELLOWSHIP POLICIES AND TRAINING HANDBOOK

Please see our current postdoctoral fellowship handbook ([here](#)) for more information about training processes, evaluations and support. Training policies (including Record Retention, Due Process and Grievance policies) may be found in the handbook and its appendix.

## SALARY AND BENEFITS

The Fellowship Program will begin on September 1, 2021 and end on August 31, 2022. The salary is currently \$42,500 annually accompanied by benefits and vacation time. Benefits include 20 days of paid time off and 8 paid legal holidays. In addition, sick days may be used for illness. As per institutional policy, *new hires at Northwell Health are not paid for time off during their first three months of work.* Also, unused time off will ordinarily not be paid out at the end of the fellowship. Northwell Health provides a partially subsidized benefit program which offers the opportunity to select health, life, and disability coverage to meet personal needs. Fellows and their eligible dependents are eligible for health care benefits as of the first day of the fellowship. The above information represents the policy as of November 1, 2021; although no changes are anticipated at this time, we will attempt to disseminate any substantive changes that occur.

## APPLICATION REQUIREMENTS

Eligibility: Minimum requirements include **completion of all requirements for a doctorate** in Health Service Psychology and a **completed one year full-time psychology internship**. Interested applicants must possess clinical experience in psychotherapy and psychodiagnostic assessment, prior experience in acute and sub-acute clinical settings, and be interested in a career with emphasis in either clinical child psychology or geropsychology. If the dissertation is not completed at the time of offer, hiring will be contingent on its completion. Applicants must be eligible for New York State limited permit to practice psychology. **On entry into the Fellowship all application materials for a New York State limited permit to practice**

**psychology must have been submitted.** Preference will be given to applicants who have graduated from an APA accredited clinical or counseling psychology doctoral program, and completed an APA accredited internship.

Foreign applicants who require work authorization permits will be required to present them before starting work.

*Applicants are strongly encouraged to use the [APPIC Psychology Postdoctoral Application \(APPA\) Centralized Application System](#) to apply to either of the postdoctoral programs, although applications will also be accepted directly (see respective instructions). The fellowship programs **DO NOT PLAN** to adhere to the 2021/2022 APPIC selection guidelines.*

More specific qualifications for each of the Fellowship programs are outlined in their respective sections of this brochure.

## Pre-hiring Procedures

It is the policy of Northwell Health's Employee Health Services department (EHS), to foster an environment of patient safety and to protect the health of Northwell Health's workforce. This is done by various medical screening processes, immunizations, and other reporting requirements including standard pre-placement medical evaluations. It is also a Northwell Health policy to maintain occupational health records on all individuals covered by this policy and to reassess their health status annually to ensure that Northwell Health's workforce is free from health impairments that could endanger patients as well as co-workers and visitors.

It is the organization's policy to conduct background investigations and verifications on all prospective employees to ensure all are qualified and meet the minimum requirements for their position and Northwell Health's standards. Information obtained through the background investigations and verifications will be considered for employment purposes, as permitted by applicable law and regulations. Conditional offers of employment – such as the postdoctoral fellowship offer - are contingent upon satisfactory completion of required background investigations and verifications. Decisions about eligibility will take into account the expected fellow's duties and the needs of the clinical placement as well as the results of medical evaluations and the applicant's health status.

Consequently, applicants who receive offers to our fellowship should understand that prior to commencing the fellowship they will need to pass a Health System required medical examination, a review of their credentials and a screening by the New York State Child Abuse Registry and other verifications; offer commitments are understood to be contingent on

meeting these requirements. These procedures and a pre-employment interview *must be completed in advance of commencing the fellowship and necessitate availability in August*.

## ACCREDITATION

Each Fellowship Program (i.e., the program in Clinical Psychology with an emphasis in Geropsychology as well as the Program in Clinical Child Psychology) is separately accredited by the American Psychological Association. Separate descriptions of each of the Fellowship Programs and their requirements are in separate sections of this brochure. Each Fellowship Program (i.e., Clinical Psychology: Geropsychology Emphasis and Clinical Child Psychology) has been accredited since 2005 by the American Psychological Association. APA accreditation was recently renewed through 2027.

Questions related to the program's accredited status should be directed to the Commission on Accreditation:

Office of Program Consultation and Accreditation American Psychological Association  
750 1st Street, NE  
Washington, DC 20002

Phone: (202) 336-5979 / E-mail: [apaaccred@apa.org](mailto:apaaccred@apa.org)

Web: [www.apa.org/ed/accreditation](http://www.apa.org/ed/accreditation)

The Fellowship program is a member of the [Association of Psychology Postdoctoral and Internship Centers \(APPIC\)](#).

## POSTDOCTORAL FELLOWSHIP IN CLINICAL CHILD PSYCHOLOGY

### Division of Child and Adolescent Psychiatry

The Division of Child and Adolescent Psychiatry offers three areas of clinical emphasis: Adolescent Psychiatric Inpatient, Pediatric Psychology (Hematology/Oncology and Cellular Therapy) and the Eating Disorders Center. All three combine experience in a specialized/intensive treatment setting along with outpatient care. The Division is deeply committed to providing high quality clinical services as well as excellent training and supervision. Attention is also paid to the fellow's professional development, with potential opportunities for supervision of junior trainees, teaching, program development, research and related activities. Details about these clinical emphasis placements are outlined below.

#### CLINICAL EMPHASIS OPTIONS:

**1. Adolescent Psychiatric Inpatient Service and Ambulatory Care:** This fellow is assigned approximately half-time to 1-West and half-time to the Child and Adolescent Ambulatory Service for the full fellowship year. Located on the grounds of Zucker Hillside Hospital, 1-West is a 21-bed, acute-care psychiatric unit for adolescents (ages 12-17) presenting with severe psychopathology that prevents them from being safely maintained in the home and community. Patients on 1-West receive comprehensive evidence-based treatment for a wide spectrum of psychiatric disorders and complex psychosocial issues. Multi-disciplinary treatment on 1-West includes, but is not limited to, individual, family, and group psychotherapy, medication management, rehabilitation groups, case management, and disposition planning. 1-West staff have been intensively trained by Behavioral Tech in Dialectical Behavior Therapy (DBT) and 1-West offers an efficacious full model DBT program including individual, family, group, and milieu coaching (Tebbett-Mock, et. al 2019; Saito et al., 2020). Psychology fellows provide short-term individual and family therapy for patients within a Cognitive Behavioral Therapy (CBT) or Dialectical Behavior Therapy (DBT) framework, depending on the adolescent's presenting symptoms and functioning. Fellows are also involved in determining appropriate discharge plans and coordination of services for assigned cases, and gain strong working knowledge of available services. Depending on unit needs, fellows co-lead DBT skills groups for patients or a DBT skills webinar for caregivers. Psychology fellows are an integral part of the treatment team and participate actively in the therapeutic milieu. These activities include leading morning Community Meeting including Mindfulness activities, assisting in the token economy, creating specialized behavior plans, and serving as a consultant to other unit staff. Fellows also participate in diagnostic interviews and multidisciplinary team meetings. Significant experience is gained in risk assessment, implementing crisis management strategies, utilizing positive behavioral supports, and collaborating with a variety of professionals who work with adolescents (e.g., child protective services, school staff, juvenile justice, etc.). Fellows receive 1 hour each of individual and group supervision. Psychology

group supervision includes a didactic series on a variety of clinical topics, with emphasis on DBT early in the training year. The Adolescent Inpatient fellow is encouraged to participate in leadership roles such as training of frontline staff and supervision of psychology interns and externs, as well as research. The fellow also elects a “mini-rotation” (4 hours/week for 6-12 months) to complement their training on 1-West and in the Ambulatory Care setting. Mini-rotation options are listed below:

**2. Pediatric Psychology with emphasis in Pediatric Hematology/Oncology and Cellular Therapy, and Ambulatory Care:** This fellow is assigned approximately half-time to Pediatric Psychology, and half-time to the Child and Adolescent Ambulatory Service for the full fellowship year. Fellows in this clinical track provide treatment in coordination with the Division of Pediatric Hematology-Oncology and Cellular Therapy at Cohen Children's Medical Center. Fellows become an integral part of the multidisciplinary team consisting of Physicians, Social Workers, Nurses, Child Life Specialists, etc., and will learn about providing psychology services within a multidisciplinary care model. Responsibilities include providing individual and family psychotherapy and performing ongoing assessment of the psychological needs of patients and families treated in this division. Psychological Services are available to patients from infancy through young adulthood; throughout all phases of medical treatment including initial diagnosis, active treatment, remission, relapse, end-of-life, and long-term survivorship. This includes conducting intake assessments during the initial session with patients and their families and consultation sessions to direct patients to appropriate treatment interventions and referrals when advised. Interventions include facilitating psychological adaptation to chronic and/or serious medical conditions, managing pain and symptoms, providing parent management training, enhancing compliance with prescribed treatments, and implementing various psychotherapeutic modalities and orientations to patients being treated in both the inpatient and outpatient settings of this division. Fellows will co-facilitate a parent management group for parents of pediatric oncology patients. This group is aimed at decreasing disruptive behavior and increases prosocial behavior in these patients while also reducing the emotional distress of both caregivers and their children who are undergoing treatment for a life-threatening medical condition. Fellows will also have an opportunity to participate in a variety of medical rounds and multidisciplinary meetings within Pediatric Hematology/Oncology, the Consultation and Liaison Psychiatry service, and the general pediatric service line within Cohen Children's Medical Center.

Fellows receive 1 hour each of individual and group supervision. Psychology group supervision includes a didactic series on a variety of clinical topics, with emphasis on psycho-oncology, integrative medicine, and evidence-informed treatments in pediatric psychology. Opportunities for individualized learning plans and professional growth in the areas of supervision, staff training, program development, and research are also encouraged. Fellows are expected to

elect at least one 4-hour per week “mini rotation” that complements their training. Mini-rotation options are listed below.

**3. Eating Disorders Center:** This program located at Cohen Children's Medical Center provides services to children, adolescents, and young adults between the ages of 8-21 who are diagnosed with Eating Disorders, as well as co-morbid diagnoses. Fellows provide care across settings allowing for an in-depth experience in all levels of care. On the **Inpatient Medical/Surgical Unit** fellows provide consultation and brief psychotherapeutic interventions for patients and families who require intensive medical care related to eating disorder symptoms and complications. The **Partial Hospital Program** is a five day a week service for patients who require continued medical monitoring and intensive support. Fellows will carry individual cases, run groups, and participate in a wide variety of opportunities in areas of program development, clinical interventions, and research. The **Outpatient Clinic** is an exciting new addition to our Eating Disorders Center, and will serve to support patients and families who are ready to continue treatment in an outpatient capacity. The outpatient clinic will offer once - twice weekly individual/family therapy, as well as groups.

The Eating Disorders Center is a comprehensive Dialectical Behavior Therapy (DBT) program and trainees participate in a DBT team, on-unit coaching and therapeutic aspects of the milieu. Fellows receive training in evidence-based treatment for eating disorders with an emphasis on Family Based Treatment (FBT) and DBT.

Within the Eating Disorders Service, fellows have the opportunity to craft their experience and emphasize different areas of professional growth across the year. These areas include:

- Program Development
- Staff Training
- Research
- Supervision
- Clinical Development

### **AMBULATORY CARE SERVICES:**

- Fellows in the Adolescent Psychiatric Inpatient and Pediatric Psychology tracks participate in ambulatory care services in the Child and Adolescent Outpatient Department at Zucker Hillside hospital where the fellow will have the opportunity to gain experience in individual, family, and group therapy working with a diverse clinical population. Approximately 15,000 visits per year are made to the outpatient Ambulatory Care Service. The campus of Long Island Jewish Medical Center spans the border of New York City and Nassau County and thus draws patients from a broad socioeconomic spectrum. Rich exposure to various treatment modalities is provided including CBT, PCIT, DBT, TF-CBT, UP-C/UP-A and Parent Behavior Management. All fellows are offered certification eligible training in

Trauma-Focused Cognitive Behavioral Therapy and basic foundational training in the Unified Protocol for both Children and Adolescents as part of their orientation. Each fellow is assigned two outpatient supervisors. Fellows typically carry approximately 7 individual or family cases and co-lead 1-2 weekly groups. At least 2 cases are designated as Anxiety Clinic cases, which will have been identified as suitable for a structured CBT intervention in the child anxiety and related disorders weekly seminar.

## Mini-Rotations

Fellows in the ambulatory care service are expected to elect at least one 4 hour per week “mini rotation.” Possible “mini rotations” are dependent upon clinical emphasis and include:

- Outpatient Adolescent DBT Program (Adolescent Inpatient and Pediatric Psychology option): Fellows gain the opportunity to participate in the adolescent DBT consultation team and carry individual DBT cases and co-lead a multifamily DBT skills group.
- Parent-Child Interaction Therapy (Adolescent Inpatient and Pediatric Psychology option): Fellows gain the opportunity to participate in didactics in Parent-Child Interaction therapy and carry both individual and group therapy cases in the Child Psychiatry Outpatient Clinic.
- Perinatal Psychiatry (Pediatric Psychology option): Fellows will have the opportunity to supervise mother-baby visits, co-lead groups, and assist with various educational programs on the Inpatient Woman’s Unit.
- Medical Genetics (Pediatric Psychology option): The field of human genetics and genomics is always expanding, and findings are leading to new understandings of many diseases and conditions; at the cutting-edge of this field, specialists at Northwell's Division of Medical Genetics diagnose and care for children and adults with the full range of inherited and sporadic genetic disorders. As part of this program, fellows will gain the opportunity to conduct mental health screenings of individuals with personal and family history of cancer and will work closely with a team of genetic counselors and geneticists, including participating in weekly case conference team meetings and other educational opportunities.
- Transgender Program (Pediatric Psychology option): At the newly-established Northwell LGBTQ Transgender Program, fellows will have the opportunity to participate in interdisciplinary assessments for purposes such as program intake and clearance for gender-affirming medical interventions, with the potential collaboration with varied specialists within Northwell (e.g., Endocrinology and Plastic Surgery). Short-term individual, group, and family therapy with youth, emerging adults, and families may also be possible.

## Training Goals and Objectives: Clinical Child Psychology Fellowship Program

The overall aim of the program is to promote the development of competent Clinical Child Psychologists. Clinical Child Psychology is a recognized specialty by APA. Training goals of this program are based on the recent [Standards of Accreditation: Postdoctoral Residency Programs](#) as well as on published guidelines and recommendation for training in Clinical Child Psychology as articulated by the APA Division 53's Board of Directors and a Division 53 Task Force on Postdoctoral Accreditation in Clinical Child Psychology. The goals, objectives and the manner in which they are implemented for the program follow.

### **Level 1: Advanced Competencies (REQUIRED for ALL Postdoctoral Residency Programs)**

- *Ethical and Legal Standards*
- *Individual and cultural diversity*
- *Integration of science and practice*

### **Level 2: Program-Specific/Area of Focus Competencies** (advanced competencies relevant to the program's aims or area of focus)

- *Competency in Supervision and Teaching*

### **Level 3: Specialty Competencies**

- *Advanced Competency in the Role of Clinical Child Psychologist*
- *Advanced Competency in the Evaluation, Consultation, and Practice of Clinical Child Psychology*

## Seminars and Conferences

**Evidence-based Practice:** Fellows discuss relevant cases and review evidence-based resource manuals and practices with the goal of incorporating the utility and transportability of these practices in their repertoire of service provision. Emphasis for this group supervision forum is on CBT for Child and Adolescent Anxiety & Trauma; other topics include diagnostic interviewing, evidence-based assessment, outcome measurement, and other empirically-supported treatments such as Parent Behavior Management, Parent Child Interaction Therapy, DBT, TF-CBT, & Group Therapy for Coping with Adolescent Depression and Anger Management. Additionally, we are currently initiating inclusion of the Unified Protocol for Children and Adolescents as a primary offering in our outpatient program as of the summer of 2020. These therapies are discussed in an informal supportive atmosphere in this weekly group supervision format.

**Child Psychology Seminar:** This seminar offers a series of applied clinical child psychology topics including emphasis on family therapy, core concepts and treatment of trauma, and specialized evidence-based CBT treatments. Models developed specific to the care environment (inpatient, day hospital, and outpatient), specialty population (eating disorders, psychosis, disruptive behavior disorders, anxiety disorders, etc.) and developmental level (early childhood, pre-adolescence, and adolescence) are covered. Presentations are both didactic and case-conference oriented.

**Psychology Department Continuing Education:** Fellows are invited to take part in monthly departmental presentations which include topics related to professional development, latest updates in specialized treatment, forensics, ethics, cultural competence, and issues germane to psychology in a medical setting.

**Division of Child and Adolescent Psychiatry Grand Rounds:** These regularly scheduled weekly conferences comprise the foundation for the Long Island Jewish Medical Center's continuing faculty education. Invited speakers include regional and international experts in the field as well as internal faculty. Child fellows are expected to attend and are provided the opportunity to present a grand rounds case conference toward the end of the academic calendar.

## Clinical Child Fellowship Faculty

### **Peter J. D'Amico, Ph.D., ABPP, Director of Clinical Child Psychology Fellowship; Director, Child and Adolescent Psychology**

Ph.D., Clinical Psychology, State University of New York at Binghamton, 1995; Internship in Clinical Psychology, Brown University Clinical Psychology Consortium, 1992-1993. M.A. Psychology, New York University, 1990. B.A. San Diego State University, 1985. Associate Professor of Psychiatry, Donald and Barbara Zucker School of Medicine at Hofstra/Northwell

Before coming to Schneider Children's Hospital in 1999, Dr. D'Amico directed various child inpatient and day hospital programs at Bradley Hospital and Children's Hospital of Philadelphia. He specializes in child and family behavior therapy and he implemented a continuum of school-based consultation services (School Mental Health Alliance) through 2012 that emphasized the use of functional assessment and positive behavioral supports. He has special interest in staff training, developmental psychopathology, and trauma & disaster mental health. Dr. D'Amico has directed several grant initiatives at LIJ Medical Center involving evidence-based trauma treatment. He is the current Principal Investigator for a 5-year SAMHSA grant establishing LIJ Medical Center as a category II site for the National Child Traumatic Stress Network (NCTSN) and he is a certified trainer in TF-CBT. His research activities have focused on dissemination of evidence-based treatments, behavioral applications in milieu and school-based settings, childhood anxiety and trauma.

### **Kalli Feldman, PhD, Supervisor, Behavioral Health**

PhD, Clinical Psychology: The New School, 2012; Internship in Clinical Psychology at Kings County Hospital, 2013; Postdoctoral Fellowship in Acute Care Psychiatry at Zucker Hillside Hospital, 2014

Dr. Feldman has broad based experience in working with varied populations in both acute and chronic settings. She has expertise in minority issues and cultural competency training (where she has published significantly) as well as in women's issues. Dr. Feldman has built a psychological service on an all-women's inpatient unit at ZHH which implements a DBT approach. She has also spearheaded the inpatient perinatal psychology program where she treats acutely involved patients and where she supervises psychology trainees. In 2016, Dr. Feldman introduced an elective on the women's inpatient service which is offered to postdoctoral psychology fellows in the Clinical Child program. Dr. Feldman also initiated and oversaw a minority mentorship program for psychology trainees and is forming a Diversity Training Council which aims to integrate the contributions of varied disciplines toward teaching and inculcating cultural competency.

### **Barbara Libov, Ph.D., Senior Psychologist**

Ph.D., Clinical Psychology, Specialization in Group Psychotherapy, St. John's University, 1996; Internship at St. Mary's Children & Family Services, 1994-1995; B.A. SUNY Binghamton, 1990.

Dr Libov is the Project Director of a grant from the New York State Office of Children and Family Services to conduct aftercare clinical services for youth adjudicated for a sexual offense in Queens, Manhattan, Nassau, and Suffolk Counties. Dr. Libov specializes in the treatment of adolescent sexual offenders, children with sexual behavior problems, and victims of sexual abuse. Within this specialty, she has a particular interest in therapeutic reunification of victims and abusers within the same family. She has presented both locally and nationally on this issue. Dr. Libov also conducts forensic evaluations including child custody evaluations and risk assessments. She has been a primary supervisor in our training programs since 1998. Clinical interests include group therapy, cognitive-behavioral therapy, disruptive behavior disorders, as well as abuse and neglect.

#### **Madeline McGee, Ph.D., Supervisor, Behavioral Health**

Ph.D., Child Clinical Psychology, St. John's University, 2008; Internship in Clinical Psychology, LIJ Medical Center, 2007 – 08; B.A., University of Richmond, 2003.

Dr. McGee is a Supervising Psychologist on 1-West, the acute-care adolescent psychiatric inpatient unit. Her work there involves treatment of teen patients and their families, supervision of Psychology trainees, teaching within the Psychology and Psychiatry training programs, and involvement in the unit DBT program including clinical work, program development and related research. She also holds an appointment as Assistant Professor of Psychiatry at the Donald and Barbara Zucker School of Medicine at Hofstra/Northwell. Dr. McGee earned her Ph.D. in clinical psychology with a specialization in child clinical psychology in 2008 at St. John's University, NY. She completed an APA accredited internship, child trauma specialization, at North Shore University Hospital and a postdoctoral fellowship in the child track at North Shore Long Island Jewish Medical Center (now known as Northwell), Zucker Hillside Hospital. Dr. McGee has a variety of experiences in numerous settings, including outpatient clinics, inpatients units, an Emergency Room, a day treatment facility, a residential treatment center, and a juvenile justice program. Dr. McGee is dedicated to the practice of empirically-based treatments, and committed to serving diverse and underserved populations. Her professional interests center on mood disorders and high-risk behaviors, DBT and child trauma.

#### **Amy Nadel, Ph.D., Psychologist**

Ph.D., Clinical Psychology, Fairleigh Dickinson University, 2014; Post-Doctoral Fellowship in Clinical Psychology, VA New Jersey Health Care System, 2014-15; Internship in Clinical Psychology, VA New Jersey Health Care System, 2013-14; B.A., Hobart and William Smith Colleges, 2009.

Dr. Nadel is the staff psychologist for the division of Pediatric Hematology/Oncology and Cellular Therapy at Cohen Children's Medical Center in the North Shore-LIJ Health System. She has received training in clinical health psychology and behavioral medicine across the lifespan with a focus on the assessment and treatment of individuals with chronic and life-threatening medical conditions. She has specialized interests in psycho-oncology and providing empirically supported interventions for individuals who have experienced a traumatic event.

#### **Lauren Salvatore, PsyD, Director, Eating Disorders Center**

PsyD, Clinical Psychology: Yeshiva University, 2015; MA – Hunter College; BA – New York University; Internship in Clinical Psychology at Kings County Hospital, 2015; Postdoctoral Fellowship in the Behavioral Health College Partnership and Early Treatment Programs, Zucker Hillside Hospital, 2016.

Dr. Salvatore is the Clinical Director of the Eating Disorders program where she implements treatment for adolescents and supervises psychology trainees. Prior to earning her doctorate from Yeshiva University, Dr. Salvatore completed various clinical experiences in inpatient, outpatient and forensic settings. She completed her internship at Kings County Hospital Center (APA Accredited) and her postdoctoral training at Northwell Health's Early Treatment Program/Behavioral Health College Partnership. She works with individuals across the lifespan and has a special interest in CBT for children and adolescents and conducting forensic evaluations. She has been intensively trained in DBT through Behavioral Tech and is the team leader of the DBT Team at the Eating Disorder Partial Hospital Program.

#### **Stephanie Solow, Psy.D. Supervisor, Behavioral Health**

Psy.D., School-Child Clinical Psychology, Pace University, 2004; Post-Doctoral Clinical Fellowship in Child and Adolescent Psychology at Long Island Jewish Medical Center, 2004-2005; Clinical Internship at Jacobi Medical Center, 2003-2004; B.A. The Pennsylvania State University, 1999.

Dr. Solow was formerly a psychologist on the Adolescent Inpatient Unit specializing in the treatment of adolescents with acute psychopathology. She recently moved to our Child and Adolescent Psychiatry Outpatient Clinic where she is further developing evidence-based treatment services for youth with disruptive behavior disorders. She is particularly interested in empirically supported group therapies for children and adolescents, and has supervised both CBT and DBT groups that have been adapted for the inpatient setting. Dr. Solow is also coordinator of the Child Psychology Internship Track.

#### **Alison Tebbett, Ph.D., Supervisor, Behavioral Health**

Ph.D., Clinical Psychology, Child Track, St. John's University, Conferred 2013; Post-Doctoral Fellowship in APA Accredited Child Track at Zucker Hillside Hospital, North Shore LIJ Health System, Sept 2013 - Aug 2014; Clinical Internship at APA Accredited Child Track at Zucker Hillside Hospital, North Shore LIJ Health System, July 2012 – June 2013; B.A., Fairfield University, 2007.

Dr. Tebbett-Mock is a Supervising Psychologist and an Assistant Professor of Psychiatry at the Donald and Barbara Zucker School of Medicine at Hofstra/Northwell at Northwell, Zucker Hillside Hospital in Queens, New York. She is the DBT Team leader for their acute-care adolescent psychiatric inpatient unit, and she also provides treatment to adolescent inpatients and their families, supervises and teaches psychology and psychiatry trainees, and conducts research. Dr. Tebbett-Mock earned her Ph.D. in clinical psychology with a specialization in child clinical psychology in 2013 at St. John's University, NY. She completed an APA accredited internship and fellowship in the child track at North Shore Long Island Jewish Medical Center (now known as Northwell), Zucker Hillside Hospital. Dr. Tebbett-Mock is dedicated to implementing and disseminating empirically-based treatments for youth and their families. She has specialized interests in DBT, trauma specific CBTs, and milieu interventions. She is a member of the American Psychological Association, the APA Division 53 Society of Clinical Child and Adolescent Psychology, and the Association of Behavioral and Cognitive Therapy.

### **Gregory Vikingstad, Ph.D., Senior Psychologist**

Ph.D., Clinical Psychology, Child Track, St. John's University, 2014; Post-Doctoral Fellowship in APA Accredited Child Track at Zucker Hillside Hospital, North Shore LIJ Health System, 2014 - 2015; APA Accredited Internship at MercyFirst, 2012-2013; B.A. Brandeis University, 2005

Dr. Vikingstad is a staff psychologist in our Child and Adolescent Psychiatry Outpatient Clinic and has received intensive training in intervention and assessment within multiple treatment settings, including outpatient, day treatment, adolescent inpatient, and residential programs. He is a member of the Dialectical Behavior Therapy adolescent treatment team, providing individual psychotherapy and leading skills groups within the clinic's DBT program. Dr. Vikingstad also specializes in trauma treatment, the treatment of anxiety disorders, and behavior management training for disruptive behavior disorders.

## Former Child Fellows

### 2003–2004 (Prior to accreditation)

**Laura Alfonso, Ph.D.**, Texas A & M University  
**Heather Lee Smith, Ph.D.**, Hofstra University  
**Kimberlie Wornian Glaser, Ph.D.**, Bryn Mawr College

### 2004–2005 (Prior to accreditation)

**Allysen Manz, Ph.D.**, Long Island University – Brooklyn  
**Stephanie Solow, Psy.D.**, Pace University  
**Jacqueline Zeller, Ph.D.**, University of Virginia

### 2005–2006

**Rachel Davidson Maldonado, Psy.D.**, Yeshiva University  
**Steven Eric Weissman, Ph.D.**, St. John's University  
**Dana Robyn Levy, Psy.D.**, Pace University

### 2006–2007

**Tara Erin Rooney, Ph.D.**, St. John's University  
**Jennifer A. Steinberg, Ph.D.**, Temple University

### 2007–2008

**Meredith Owens, Ph.D.**, St. John's University  
**Endra K. Henry, Ph.D.**, Adelphi University

### 2008–2009

**Madeline Amato, Ph.D.**, St. John's University  
**Jennifer Musico, Psy.D.**, La Salle University

### 2009–2010

**Rebecca Laptook, Ph.D.**, Stony Brook State University  
**Joanna Stern, Psy.D.**, L.I.U– Brooklyn

### 2010–2011

**Gabrielle Carson, Ph.D.**, St. John's University  
**Lin Sie Ip, Psy.D.**, PGSP – Stanford

### 2011–2012

**Kate Golash, Psy.D.**, Yeshiva University  
**Michelle Lupkin, Psy.D.**, Yeshiva University

### 2012–2013

**Michelle Brown, Ph.D.**, St. John's University  
**Whitney Guerry, Ph.D.**, Duke University

### 2013–2014

**Alison Tebbett, Ph.D.**, St. John's University  
**Amanda Conforto, Psy.D.**, Immaculata University

### 2014–2015

**Greg Vikingstad, Ph.D.**, St. John's University  
**Christina Emeh, Psy.D.**, University of Virginia

### 2015–2016

**Ryan Warren, Psy.D.**, Yeshiva University  
**Amber Ufford, Ph.D.**, Hofstra University

### 2016–2017

**Deborah Ohm, Psy.D.**, Long Island University - Post

*Allison Lesley Winik, Ph.D.*, Fairleigh Dickinson University

**2017-2018**

*Lisa Chimes, Psy.D.* William James College

*Kristen Courtney, Ph.D.* St. John's University

**2018-2019**

*Lily Schwartz, Ph.D.* Fairleigh Dickinson University

*Neela Karikehalli, Psy.D.* St. Rutgers University

**2019-2020 (Current Fellows)**

*Laura Pantaleo, Psy.D.* Yeshiva University

*Matthew Robins, Psy.D.* Yeshiva University

**2020-2021 (Current Fellows)**

*Emily Hirschhorn, Psy.D.* LIU, CW Post

*Vaschele Williams, Psy.D.* Adler University

*Veronica Torrico, Psy.D.* Philadelphia College of Osteopathic Medicine

## Application for the Psychology Postdoctoral Fellowship in Clinical Child Psychology

**Eligibility:** Minimum requirements include **completion of Ph.D. or Psy.D.** program in health service psychology and a **completed one year, full-time psychology internship**. Interested applicants must possess clinical experience in psychotherapy and psychodiagnostic assessment, prior experience in child or pediatric psychology, and be interested in specializing in a career in child psychology. If the dissertation is not completed at the time of offer, hiring will be contingent on its completion. Applicants must be eligible for a New York State limited license to practice psychology. **On entry into the Fellowship all application materials for a New York State limited permit to practice psychology must have been submitted.** Preference will be given to applicants who have graduated from an APA accredited clinical or counseling psychology doctoral program, have completed an APA accredited internship, and show evidence of experience in child or pediatric psychology.

Foreign applicants who require work authorization permits will be required to present them before starting work.

Persons historically under-represented in psychology are strongly encouraged to apply.

Further information may be obtained by writing:

**Peter J. D'Amico, Ph.D., ABPP**  
Division of Child and Adolescent Psychiatry  
Ambulatory Care Pavilion  
LIJ Medical Center

75-59 263<sup>rd</sup> Street  
Glen Oaks, NY 11004  
phone 718/470-8352  
email: [pdamico@northwell.edu](mailto:pdamico@northwell.edu)

## Application Procedures

Applicants are encouraged to use the [APPIC Psychology Postdoctoral Application \(APPA\) Centralized Application System](#) to apply to the program. You may also send a completed application (all requirements as attachments sent in **one email**) directly to [pdamico@northwell.edu](mailto:pdamico@northwell.edu).

### **DEADLINE FOR RECEIPT OF APPLICATION IS JANUARY 11, 2021**

Please upload the following materials to the APPA Centralized Application System:

1. Current copy of your curriculum vitae
2. Three letters of recommendation (one must be from a primary internship supervisor or director of internship training)
3. An official copy of your graduate school transcript
4. A professional narrative. **Begin this narrative with a clear statement as to your preference of clinical emphasis (Adolescent Inpatient, Eating Disorders, Pediatric Psychology; you may select a primary and secondary choice if desired).** Kindly address current clinical (and, if applicable, research) interests, and why are you are interested in advanced training in clinical child psychology as well as any additional information you feel is relevant to your application.
5. If you have not completed the doctorate at the time of your application, provide information about what requirements remain. If the dissertation has not been completed, note at what stage of completion it is and the time frame for completing it. Also, for applicants without a completed dissertation, kindly have the Director of Clinical Training write a letter indicating when he or she anticipates the dissertation will be completed and when the doctorate will be awarded.
6. *If possible, submit all materials through the above portal.* You will be provided email acknowledgement of your completed application upon request.

## **POSTDOCTORAL FELLOWSHIP IN CLINICAL PSYCHOLOGY WITH GEROPSYCHOLOGY EMPHASIS**

Geriatric Psychiatry Division  
The Zucker Hillside Hospital

The Geriatric Psychiatry Division is a network of interacting programs based on a continuity of care model. The clinical foundation blocks of the Division are: (1) the two Geriatric Psychiatry Inpatient Units each of which is a 20-bed facility devoted to the evaluation and treatment of patients over age 62 with acute mental illness; (2) the Geriatric Psychiatry Clinic at the Zucker Hillside Geriatric Center, an outpatient service with over 850 patients; and (3) the Senior Treatment-Enhanced Program (STEP) at ZHH, a time limited outpatient program providing intensive treatment for older adults deemed psychiatrically high-risk and subacute.

The Geriatric Psychiatry Division also has a liaison with four local long-term care institutions: Gurwin Jewish Geriatric, a 400 bed non-proprietary rehabilitative facility and nursing home; the Center for Extended Care and Rehabilitation, a 250 bed non-proprietary nursing home/rehabilitation facility associated with our sister institution, the North Shore University Hospital at Manhasset; Hebrew Home for the Aged at Riverdale, a 700 bed non-proprietary teaching nursing home; and Grace Plaza of Great Neck, a 200+ bed proprietary nursing home. Educational and consultative services are provided to these facilities. In addition, the Geriatric Psychiatry Division has a formal affiliation with Pilgrim Psychiatric Center, a state hospital with a 150-200 bed geropsychiatry division that is the catchment facility in this region for patients over age 62 with persistent mental illness. The Zucker Hillside faculty provides quality improvement review, lectures, clinical case conferences and consultation, and administrative guidance on new program development.

The Geriatric Psychiatry Division also operates a geriatric psychiatry training program for psychiatry residents and fellows, offers geropsychiatry exposure for geriatric medicine fellows, and serves as a training site for an array of multi-disciplinary trainees in psychology and social work.

### **Psychology Within Geriatric Psychiatry**

The provision of specialized outpatient mental health services for older adults was initiated by a Hillside Hospital psychologist in 1977. With the establishment of the Geriatric Psychiatry Division in 1989, considerable expansion of mental health services to older adults occurred, with psychologists continuing to play a prominent role in the delivery of psychotherapeutic and psychodiagnostic services. At present, there are 4 psychologists affiliated with the Geriatric Psychiatry Division who provide psychological services in outpatient, inpatient, and partial

hospital settings. Since 1977, psychologists have also provided ongoing training to clinical psychology externs and interns. Currently, three psychology interns and six externs provide supervised clinical services within the Geriatric Psychiatry Division. Psychologists also conduct and collaborate in research studies that include the psychiatric and neuropsychological concomitants of structural brain changes in elderly depressives, Alzheimer's disease and other cognitive disorders, the delivery of mental health services to the aged and psychopharmacological treatment trials.

## The Fellowship Program

The Fellowship includes opportunities for placements in settings where mental health services are provided to elderly people who evidence a range of psychiatric difficulties, including psychotic, affective, anxiety, adjustment and personality disorders, as well as Alzheimer's disease and related dementing conditions. The Fellowship offers access to a didactic program of seminars and case conferences and opportunities for involvement in assessment. Clinical placements in the Geriatric Psychiatry Clinic and STEP form the core of the Fellowship.

**Goals and Objectives:** The goals and objectives of the Clinical Psychology Fellowship - Geropsychology Emphasis Program are based on the recommendations from the Pikes Peak model for training in professional Geropsychology (Knight, Karel, Hinrichsen, Qualls, & Duffy, 2009). The goal of the Clinical Psychology Fellowship - Geropsychology Emphasis Program is to produce clinicians with advanced competency in the area of clinical psychology with an emphasis on older adults. This goal is met through the following objectives:

### Training Goals and Objectives: Clinical Psychology with Emphasis in Geropsychology Fellowship Program

*The overall aim of the program is to promote the development of competent Clinical Psychologists with Geropsychology Emphasis.* Professional Geropsychology is currently recognized as a specialty by the American Psychological Association (APA). As per the APA, Professional Geropsychology uses psychological methods and knowledge to help older persons and their families stay healthy, overcome problems and maximize their potential during later life. Professional Geropsychology appreciates the wide diversity among older adults, the complex ethical issues that can arise in geriatric practice and the importance of interdisciplinary models of care. [Guidelines for Psychological Practice with Older Adults](#) were developed by representatives of APA Division 20, Division 12-Section II, and the Office on Aging and were approved by APA in 2003 a copy of which may be found in the Appendix. The goals and objectives of the Clinical Psychology Fellowship - Geropsychology Emphasis

Programs are based on the recommendations from the Pikes Peak model for training in professional Geropsychology (Knight, Karel, Hinrichsen, Qualls, & Duffy, 2009) and formulated according to the recent [Standards of Accreditation: Postdoctoral Residency Programs](#) as well as on ideas promulgated by the above-mentioned Guidelines. The goals, objectives and the manner in which they are implemented for the program follow.

**Level 1: Advanced Competencies** (REQUIRED for ALL Postdoctoral Residency Programs)

- *Ethical and Legal Standards*
- *Individual and cultural diversity*
- *Integration of science and practice*

**Level 2: Program-Specific/Area of Focus Competencies** (advanced competencies relevant to the program's aims or area of focus):

- *Advanced Competency in the Role of a Clinical Psychologist with Emphasis in Geropsychology*
- *Advanced Competency in the Assessment and Treatment of Older Adults*
- *Competency in Supervision and Teaching*

The Geropsychology Fellowship program is a member of the [Council of Professional Geropsychology Training Programs](#) (CoPGTP), an organization of geropsychology training programs committed to the promotion of excellence in training in professional geropsychology.

The Geropsychology fellow is also encouraged to become familiar with other programs operating in or related to the Geriatric Psychiatry Division, including the inpatient geropsychiatry units, and affiliated institutional programs.

The fellow will have faculty supervisors for each placement with whom he or she will meet regularly. Supervision is viewed as an essential component of the Fellowship by enabling the fellow to refine clinical skills and develop a professional identity as a geropsychologist.

## Placements

**The Geriatric Psychiatry Clinic:** The Clinic is an outpatient arm of the larger Geriatric Psychiatry Division. The fellow will carry a caseload of older patients in individual psychotherapy.

**Senior Treatment-Enhanced Program (STEP):** The Senior Treatment-Enhanced Program is a Geropsychiatry high-risk ambulatory service which offers brief, subacute care for older adults. The modal diagnostic category is mood disorder. The fellow has frequent contact with other staff who have specialized skills in the assessment, care and psychiatric treatment of older adults. The fellow also interacts regularly with other trainees assigned to that specialized program (psychology interns, externs, residents). The program serves either as a transitional setting for recently discharged older psychiatric patients (who do not have dementia) or as an alternative to acute psychiatric inpatient hospitalization. Within this setting the fellow will provide individual therapy and case management as well as conduct therapeutic groups for patients including group psychotherapy and social skills training. In addition, the fellow functions as a liaison for patients who are psychiatrically hospitalized, visiting them while on they are on the unit in order to improve attendance and motivation to attend STEP. The fellow also has the opportunity to supervise psychology externs in the running of psychotherapy groups. The fellow functions as a key member of the treatment team.

The Postdoctoral Fellow will also be able to follow any of his/her patients who become hospitalized at ZHH in individual psychotherapy if appropriate. This will constitute a unique opportunity to provide continuity of care to patients across the service spectrum.

#### **Psychological Assessment:**

The fellow will have the opportunity to become familiarized with standard assessment protocol and develop an understanding of the interface between testing and treatment/intervention. There may be opportunities for assessment experience if so desired.

## **Seminars and Conferences**

The Zucker Hillside Hospital and the Geriatric Psychiatry Division offer an array of seminars, conferences, and courses in which the fellow may participate. Integral to the Fellowship are the following:

**Geropsychology Seminar:** This weekly seminar provides a didactic overview of psychological issues critical to the diagnosis and psychotherapeutic treatment of mental disorders in older adults. Lecturers represent various disciplines, allowing for a range of perspectives and exposure to foundational knowledge bases outside of the discipline of psychology. It is also a forum for case discussion of psychotherapy with the older patient and allows trainees to hone the ability to develop peer consultation styles. The format of the seminar varies from didactic lectures and case presentations to discussion based presentations. Psychology trainees with placements in the Geriatric Psychiatry Division attend this seminar.

**Interpersonal Psychotherapy Seminar:** This seminar is designed for psychology trainees who are currently treating older clients with Klerman and Weissman's time-limited Interpersonal Psychotherapy (IPT). The seminar reviews the fundamentals of IPT in the treatment of late-life depression. It uses audio and videotaped material as training tools. The seminar also serves as weekly group supervision for those treating older clients with IPT in addition to individual supervision.

**Psychology Department Continuing Education:** Fellows are invited to take part in monthly departmental presentations which include topics related to professional development, latest updates in specialized treatment, forensics, ethics, cultural competence, and issues germane to psychology in a medical setting.

Several Seminars may be offered in combination with the *Geropsychiatry* Fellowship Program (and are contingent on there being geropsychiatry fellows):

**The Geriatric Psychiatry Educational Curricula:** This seminar series includes lectures by Geriatric Psychiatry Division staff or area geriatric professionals on specific topics in geriatric psychiatry and psychology (e.g., late life psychosis, depression, family issues in geriatric depression, suicide and the elderly). This series is held on a weekly basis.

**Geriatric Psychiatry Clinical Case Conference:** At this weekly conference Geriatric Psychiatry staff and trainees present cases to senior clinicians with expertise that bears on the clinical issue prominent in the case (e.g., family problems, psychodynamic issues, pharmacological treatment). The Case Conference is attended by staff from the Geriatric Psychiatry Division programs. Incorporated within the case conference schedule is a periodic "special conference/seminar" in which an outside expert addresses a key topic utilizing a clinical case as a vehicle. *(This seminar is tentative as it is contingent on there being psychiatry fellows in the program.)*

**Gerontology Seminar:** This monthly meeting is attended by Geriatric Psychiatry Fellows and the Geropsychology Fellow. This course is a review of the fundamentals of gerontology with an emphasis on their application in health settings.

**Other Didactic Offerings:** Other didactic activities are available as time permits. (1) The Doctoral Internship in Clinical Psychology offers an array of seminars throughout the academic year. (2) The Zucker Hillside Hospital's Research Department sponsors a neuroscience seminar series that alternates with a journal club. (3) The Zucker Hillside Hospital also offers a weekly Psychiatry Grand Rounds series with prominent national and international speakers.

## Fellowship Faculty

Training faculty for the Fellowship include psychologists with considerable experience and training in the delivery of psychological services to older adults. Geropsychology is central to the professional identity of faculty members. Faculty members are committed to the tripartite goals of academic health care: delivery of high quality mental health services to the aged; education of psychology trainees; and gerontological research. The fellow also has access to Fellowship-affiliated staff that are part of the Geriatric Psychiatry Division.

### **Marie-Geneviève Iselin, Ph.D., Supervisor, Behavioral Health**

Ph.D., Clinical Psychology Clark University in Worcester, MA, 2004; Internship in Clinical Psychology, Zucker-Hillside Hospital, 2002-2003; M.A. in General Psychology, New School for Social Research, NY, 1997; M.A. in Philosophy, University of Geneva, Switzerland, 1994.

As Senior Psychologist, Dr. Iselin practices group and individual psychotherapy with older adults at the Geriatric Clinic, and conducts group psychotherapy with older adults in the Geriatric Partial Hospital. She has expertise in treating older adults using (and teaching clinicians) Interpersonal Psychotherapy and, especially for anxiety disorders, cognitive-behavioral therapy. Dr. Iselin also trained with Dr. Santorelli in Mindfulness-Based Stress Reduction at the University of Massachusetts Memorial Medical Center (where Jon Kabat-Zinn founded this program), and conducts Stress Reduction groups in both the Geriatric Clinic and the Geriatric Partial Hospital. Her clinical interests include depression and anxiety in older adults. She has published and presented at national and international conferences on her research interests, which includes masculinity, bariatric surgery and the body; qualitative research methodology; interdisciplinary research using psychology and philosophy; and lay people's and patients' reasoning about medical problems and about depression.

### **Bella Grossman, Ph.D., Senior Psychologist**

Ph.D., Clinical Psychology The New School for Social Research, 2014; Internship in Clinical Psychology, Zucker-Hillside Hospital, 2012-2013; M.A. in Research & General Psychology, The New School for Social Research, 2008

As Staff Psychologist at Katz Institute for Women's Health, Dr. Grossman participates in program development related to the integration of behavioral health within a medical setting. She provides consultation, assessment and psychotherapy services, including individual and group psychotherapy to cardiac patients, gastroenterology patients, and cancer patients, and provides community outreach/lectures on stress management. Dr. Grossman completed her internship at The Zucker Hillside Hospital where she accrued skills specific to work with older adults. In addition to her role at Katz Institute for Women's Health, she currently also works part time at the Zucker Hillside Geriatric Clinic, providing individual therapy to older adults and supervising trainees in individual psychotherapy with older adults. Her clinical interests include

depression, anxiety, mindfulness, health psychology, and integrated care. She has published and presented at national conferences on her research interests, which includes health psychology, body image, women's issues and pain.

### **Asha (Kumar) Patel, PhD, Supervisor, Behavioral Health; Fellowship Program Director**

Ph.D in Clinical Psychology, St. John's University, 2011; Internship in Clinical Psychology, Zucker Hillside Hospital, 2010-11; Postdoctoral Fellowship in Acute Care Psychiatry, Zucker Hillside Hospital, 2011-12; B.A., Psychology and Chemistry, New York University

After varied experience with diverse populations, settings and treatment modalities, Dr. Patel joined the inpatient staff at the Zucker Hillside Hospital in 2012 and was part of an expansion of services in acute care. She has special interest in training and in the area of diversity and acculturation (where she has published). Dr. Patel was selected to fill the position of program Director for the Clinical Psychology (Geropsychology Emphasis) Postdoctoral Fellowship as she assumed the role of Senior Psychologist in the geropsychiatry Partial Hospital in July 2017. Dr. Patel provides individual and group psychotherapy to older adults in a sub-acute care, ambulatory setting. She is a highly sought-after supervisor and is distinguished by her wisdom and dedication.

### **Rita Ryan, Ph.D., Supervisor, Behavioral Health**

Ph.D in Clinical Psychology, New School for Social Research, 1997; Internship in Clinical Psychology, Hillside Hospital, 1995-1996; Assistant Professor of Psychiatry, Albert Einstein College of Medicine, 1999-present; Research Assistant at Payne Whitney Clinic (Trauma Recovery Study) Cornell Medical Center, 1992-1995; B.A., Psychology, Trinity College, University of Dublin, 1988; Diploma in Counseling, 1988, St. Patrick's College, Maynooth, Ireland.

Having joined the staff at the Geriatric Clinic in 1997, Dr. Ryan provides individual and group psychotherapy to older adults on an out-patient basis. She also functions as the Coordinator of the Geropsychology Externship program and supervises extern and intern trainees. Her clinical interests include psychotherapy work with the elderly, trauma work and the long term sequelae of childhood sexual abuse in older adults. She has a small private practice in which she sees adults of all ages.

## Affiliated Faculty

**Blaine Greenwald, M.D., Vice Chairman, Combined Department of Psychiatry Long Island Jewish Medical Center/North Shore University Hospital Director, Geriatric Psychiatry Division, Zucker Hillside Hospital; Associate Professor of Psychiatry, Donald and Barbara Zucker School of Medicine at Hofstra/Northwell** Dr. Greenwald completed his psychiatric residency and geriatric psychiatry fellowship training at Mount Sinai Medical Center/Bronx VA Medical Center in New York. During that time, he was an active participant in the NIA-funded Alzheimer's Disease Research Center there. In 1984, he became founding Director of the Division of Geriatric Psychiatry at Mount Sinai. Dr. Greenwald was recruited to Hillside in 1989 with the mandate to spearhead the development of a new comprehensive geriatric mental health program. His interests include state-of-the-art geropsychiatric service delivery, educational initiatives, and research in late life depression, neuroimaging, behavioral disturbances in dementia, and mental health service delivery in nursing homes.

### **Elihu Turkel, PsyD, Director of Psychology Training**

Psy.D., Clinical Psychology, Yeshiva University, 1984; Internship in Clinical Psychology, Long Island Jewish Medical Center, 1983 – 84; B.A., Yeshiva University, 1976, Assistant Professor of Psychiatry, Donald and Barbara Zucker School of Medicine at Hofstra/Northwell

Dr. Turkel has been on staff at the Long Island Jewish Medical Center since 1983. He has been involved in developing the psychology training programs (especially the adult internship track since 2001) and the psychological testing service at Zucker Hillside Hospital and more recently in the organization of inpatient psychological services. He has been involved in service-based research and performance improvement studies as well as studies in the Neuro-cognitive Laboratory at Hillside Hospital (focusing on cognition in Schizophrenia). He has also been involved in the assessment and study of the elderly in a partial hospital setting. Dr. Turkel provides supervision to psychology interns and externs, is responsible for overall organization of the training programs and runs several seminars in the various tracks, including the combined Fellowship Seminar for the Geropsychology and Child fellows. Clinical interests include group therapy, cognitive-behavioral therapy, family therapy, and assessment.

## Former Fellows (Clinical Psychology: Geropsychology Emphasis)

**1993-1994 (Prior to accreditation)**

**William Lubart, Ph.D.** Wright Institute, Berkeley, CA

**1994-1995 (Prior to accreditation)**

**Michele Karel, Ph.D.** Univ. of Southern California

**1995-1996 (Prior to accreditation)**

**Vicki Passman, Ph.D.** LIU-Brooklyn

**1996-1997 (Prior to accreditation)**

**Diane Myers, Ph.D.** Texas Woman's University

**1997-1998 (Prior to accreditation)**

**Regina Baff, Psy.D.** Yeshiva University

**1998-1999 (Prior to accreditation)**

**Ronald Jacobson, Ph.D.** Univ. of South Carolina

**1999-2000 (Prior to accreditation)**

**Eve Davison, Ph.D.** Univ. of California, Santa Barbara

**2000-2001 (Prior to accreditation)**

**Denise Fyffe, Ph.D.** Hofstra University

**2001-2002 (Prior to accreditation)**

**Merla Arnold, Ph.D.** Teachers College-Columbia Univ.

**2002-2003 (Prior to accreditation)**

**Erin Emery, Ph.D.** Bowling Green State Univ.

**Melissa Chang, Ph.D.** Rutgers University

**2003-2004 (Prior to accreditation)**

**Amanda O'Brien, Ph.D.** Virginia Commonwealth Univ.

**2004-2005 (Prior to accreditation)**

**Carol Graham, Ph.D.** Temple University

**2005-2006**

**Shannon Gould, Psy.D.** Rutgers University

**2006-2007**

**Jaime Spinell, Psy.D.** La Salle University

**2007-2008**

**Mary Stephens, Ph.D.** Univ. of Colorado, Colorado Springs

**2008-2009**

**Tamar Ne'eman, Psy.D.** Yeshiva University

**2009-2010**

**Shira Louria, Psy.D.** University of Indianapolis

**2010-2011**

**Kristina McGuire, Psy.D.** Yeshiva University

**2011-2012**

**Lauren Wolf Weber, Ph.D.** Adelphi University

**2012-2013**

**Allison Branch, Ph.D.** University of Massachusetts, Amherst

**2013-2014**

**Alexis Kramer, Ph.D.** Illinois Institute of Technology

**2014-2015**

**Jodie Eisner, Psy.D.** Yeshiva University

**2015-2016**

**Sara Pascal, Psy.D.** Yeshiva University

**Meredith Pierson, Psy.D.** Long Island Univ. – Post

**2016-2017**

**Amanda Fox, Psy.D.** Yeshiva University

**Kristina A. Jackson, Ph.D.** Loyola U, MD

**2017-2018**

**Scarlett Siu Man Ho, Ph.D.** LIU – Brooklyn

**Aliza Romirowsky, Psy.D.** Yeshiva University

**2018-2019**

**Michelle Jakobson, PhD** St. John's University

**2019-2020**

**Lauren Atlas, PsyD** Yeshiva University

**2020-2021 (Current Fellow)**

**Flora Ma, PhD** Palo Alto University

## Application for the Psychology Postdoctoral Fellowship in Clinical Psychology : Geropsychology Emphasis

**Eligibility:** Interested applicants must possess clinical experience in psychotherapy and psychodiagnostic assessment and be interested in specializing in a career in geropsychology. Minimum requirements include **completion of a Ph.D. or Psy.D.** program in Health Service Psychology including a **completed one year, full-time psychology internship.** If the dissertation is not completed at the time of offer, hiring will be contingent on its completion. Applicant must be eligible for a New York State limited license to practice psychology. **On entry into the Fellowship all application materials for a New York State limited permit to practice psychology must have been submitted.** Preference will be given to applicants

who have graduated from an APA accredited clinical or counseling psychology doctoral program, have completed an APA accredited internship, and show evidence of experience in gerontology or geropsychology.

Foreign applicants who require work authorization permits will be required to present them before starting work.

Individuals historically under-represented in psychology are strongly encouraged apply.

For further information contact:

**Asha Patel, Ph.D.**

Email: akumar1@northwell.edu

Phone: 718-470-4696

## Application Procedures

Applicants are encouraged to use the [APPIC Psychology Postdoctoral Application \(APPA\) Centralized Application System](#) to apply to the programs.

***DEADLINE FOR RECEIPT OF APPLICATION IS January 11, 2021***

Please submit the following materials:

1. Current copy of your curriculum vitae
2. Three letters of recommendation (one from the director of training at the psychology internship site)
3. An official copy of your graduate school transcript
4. A professional narrative. Kindly address current clinical (and, if applicable, research) interests, why are you are interested in clinical geropsychology, your career goals for the next five years, and any additional information you feel is relevant to your application.
5. If you have not completed the doctorate at the time of your application, provide information and a timeline about remaining requirements. If the dissertation has not been completed, note at what stage of completion it is and the time frame for completing it. Also, for applicants without a completed dissertation, kindly have the Director of Clinical Training write a letter indicating the anticipated date the dissertation will be completed and when the doctorate will be awarded.
7. *If possible, submit all materials through the above portal.* You will be provided email acknowledgement of your completed application upon request.

## ZUCKER HILLSIDE HOSPITAL ADMINISTRATION

**MARK FAUTH, MBA** Vice-President: Behavioral Health Service Line, Zucker Hillside Hospital, Northwell Health

**BLAINE M. GREENWALD, M.D.** Vice Chairman, Combined Department of Psychiatry at Long Island Jewish Medical Center/North Shore University Hospital; Director, Geriatric Psychiatry Division, Zucker Hillside Hospital

**JOHN M. KANE, M.D.** Senior Vice President, Behavioral Health Services Northwell Health; Chair, Psychiatry: Zucker Hillside Hospital; Chair, Psychiatry: Donald and Barbara Zucker School of Medicine at Hofstra/Northwell

**Manish Sapra, MD, MMM, FAPA** Executive Director, Behavioral Health Service Line, Northwell Health

**CAROLYN SWEETAPPLE, PHD, RN, CPA** Executive Director, Zucker Hillside Hospital and South Oaks Hospitals, Northwell Health