

Articles of Interest in the Eating Disorders Field

The literature in the field of eating disorders has grown steadily over the years. While this speaks to the activity of research in this area, this has also made it more complex for eating disorder treatment professionals to find key articles within their particular area of interest and specialty, or to review articles from other specialties involved in eating disorder care.

In that context, AED members have requested a reading list to help navigate the literature. The purpose of this resource is to provide members with a relatively quick and easy reference to some of the key articles in our field. Researchers, clinicians, educators, and advocates, particularly those new to the field, may find this list a good starting point for getting to know the literature and learning about the state of the field. When available, we included links to the article abstracts on PubMed.

Selection Process. Articles were selected based on scientific merit and impact on the field. First, based on AED member input, a list of articles within each section was created. Commonly cited articles in F1000 post-publication peer review were then added. Second, each section was reviewed and edited by at least one seasoned AED member with specific expertise in that topic area. Lastly, only articles with a citation count (Web of Science) within 1 SD from the mean citation count for that section were included. Only articles published through 2010 were included to allow sufficient time to determine impact. We are aware though that other citation indexes have different citation criteria and may come up with different results.

There were two exceptions to this rule. First, in some areas relevant to eating disorders research, the only articles available have low citation counts. For some of those articles, committee members unanimously supported their inclusion. Second, review articles published in the International Journal of Eating Disorders in 2012 were included in a stand-alone section (IJED Review Articles) to direct readers to articles providing a general overview of research in the eating disorders field.

This list is a work in progress. The Electronic Media committee will update the list yearly after the annual International Conference on Eating Disorders (ICED) meeting based on your [AED member's] input and recommendations. Instructions for recommending articles are provided at the bottom of this page.

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With each section, articles are listed first chronologically (newest to oldest publication date), then alphabetically (by author's last name).

IJED Review Articles (2012 only)

- Berg, K.C., Peterson, C.B., Frazier, P., & Crow, S.J. (2012). Psychometric evaluation of the eating disorder examination and eating disorder inventory questionnaire: a systematic review of the literature. *International Journal of Eating Disorder*, 45(3): 428-438. PMID: [21744375](#).
- Dejong, H., Broadbent H., & Schmidt, U. (2012). A systematic review of dropout from treatment in outpatients with anorexia nervosa. *International Journal of Eating Disorder*, 45(5), 635-647. PMID: [22684990](#).
- Frank, G.K.W. & Kaye, W.H. (2012). Current status of functional imaging in eating disorders. *International Journal of Eating Disorder*, [Epub ahead of print]. DOI: [10.1002/eat.22016](#).
- Marino, J.M. Ertelt, T.W., Lancaster, K., Steffen, K., Peterson, L., de Zwaan, M., & Mitchell, J.E. (2012). The emergence of eating pathology after bariatric surgery: a rare outcome with important clinical implications. *International Journal of Eating Disorder*, 45(2): 179-184. PMID: [21495051](#).
- Stuhldreher, N., Konnopka, A., Wild, B., Herzog, W., Zipfel, S., Löwe, B., & König, H.H. (2012). Cost-of-illness studies and cost-effectiveness analyses in eating disorders: a systematic review. *International Journal of Eating Disorder*, 45(4): 476-491. PMID: [22294558](#).

Historical Accounts

- Stunkard, A. (1990). A description of eating disorders in 1932. *American Journal of Psychiatry*, 147(3), 263-268. PMID: [2248633](#).
- Habermas, T. (1989). The psychiatric history of anorexia and bulimia nervosa: weight concerns and bulimic symptoms in early case reports. *International Journal of Eating Disorders*, 8(3), 259-273.
- Casper, R.C. (1983). On the emergence of bulimia nervosa as a syndrome: A historical view. *International Journal of Eating Disorders*, 2(3), 3-16.
- Russell, G. (1979). Bulimia nervosa: An ominous variant of anorexia nervosa. *Psychological Medicine*, 9(3), 429-448. PMID: [482466](#).
- Bruch, H. (1962). Perceptual and conceptual disturbances in anorexia nervosa. *Psychosomatic Medicine*, 24, 187-194. PMID: [13873828](#).
- Waller, J., Kaufman, M., Deutsch, F. (1940). Anorexia nervosa: A psychosomatic entity. *Psychosomatic Medicine*, 2, 3-16.
- Gull, W. (1888). Anorexia nervosa. *Lancet*, 131(3368), 516-517. LINK: [ScienceDirect](#).
- Gull, W. (1874). Anorexia nervosa (apepsia hysterica, anorexia hysterica). *Transactions of the Clinical Society of London*, 7, 22-28. PMID: [9385628](#).

Lasegue, C. (1873a). De l'anorexie hysterique. *Archives Genarles de Medecine*, 1, 384-403.

Lasegue, C. (1873b). On hysterical anorexia. *Medical Times and Gazette*, 2, 265-266.

Lasegue, C. (1873c). On hysterical anorexia. *Medical Times and Gazette*, 2, 367-369.

Marce, LV. (1860b.) On a form of hypochondriacal delirium occurring consecutive to dyspepsia, and characterized by refusal of food. *Journal of Psychological Medicine and Mental Pathology*, 13, 264-266.

Morton, R. (1694). A Nervous Consumption. In: *Phthisiologia, or, A treatise of consumptions*. London: Sam Smith and Benj. Walford.

Genetics

Family Studies

Hudson, J.I., Lalonde, J.K., Berry, J.M., Pindyck, L.J., Bulik, C.M., Crow, S.J., et al. (2006). Binge-eating disorder as a distinct familial phenotype in obese individuals. *Archives of General Psychiatry*, 63(3), 313-319. PMID: [16520437](#).

Strober, M., Freeman, R., Lampert, C., Diamond, J., Kaye, W. (2000). Controlled family study of anorexia nervosa and bulimia nervosa: evidence of shared liability and transmission of partial syndromes. *American Journal of Psychiatry*, 157(3), 393-401. PMID: [10698815](#).

Lilenfeld, L.R., Kaye, W.H., Greeno, C.G., Merikangas, K.R., Plotnicov, K., Pollice, C., et al. (1998). A controlled family study of restricting anorexia and bulimia nervosa: psychiatric disorders in first-degree relatives and effects of proband comorbidity. *Archives of General Psychiatry*, 55(7), 603-610. PMID: [9672050](#).

Twin Studies

Pinheiro, A.P., Bulik, C.M., Thornton, L.M., Sullivan, P.F., Root, T.L., Bloss, C.S., et al. (2010). Association study of 182 candidate genes in anorexia nervosa. *American Journal of Medical Genetics. Part B, Neuropsychiatric Genetics*, 153B(5), 1070-1080. PMID: [20468064](#).

Klump, K.L., Burt, S.A., McGue, M., Iacono, W.G. (2007). Changes in genetic and environmental influences on disordered eating across adolescence: a longitudinal twin study. *Archives of General Psychiatry*, 64(12), 1409-1415. PMID: [18056549](#).

Bulik, C.M., Sullivan, P.F., Tozzi, F., Furberg, H., Lichtenstein, P., Pedersen, N.L. (2006). Prevalence, heritability and prospective risk factors for anorexia nervosa. *Archives of General Psychiatry*, 63(3), 305-312. PMID: [16520436](#).

- Silberg, J.L., Bulik, C.M. (2005). Developmental association between eating disorders symptoms and symptoms of depression and anxiety in juvenile twin girls. *Journal of Child Psychology and Psychiatry*, 46(12), 1317-1326. PMID: [16313432](#).
- Reichborn-Kjennerud, T., Bulik, C.M., Tambs, K., Harris, J.R. (2004). Genetic and environmental influences on binge eating in the absence of compensatory behaviors: a population-based twin study. *International Journal of Eating Disorders*, 36(3), 307-314. PMID: [15478129](#).
- Bulik, C.M., Sullivan P.F., Wade, T.D., Kendler, K.S. (2000). Twin studies of eating disorders: a review. *International Journal of Eating Disorders* 27(1), 1-20. PMID: [10590444](#).
- Wade, T., Martin, N.G., Neale, M.C., Tiggemann, M., Treloar, S.A., Bucholz, K.K., et al. (1999). The structure of genetic and environmental risk factors for three measures of disordered eating. *Psychological Medicine*, 29(4), 925-934. PMID: [10473319](#).
- Bulik, C.M., Sullivan, P.F., Kendler, K.S. (1998). Heritability of binge-eating and broadly defined bulimia nervosa. *Biological Psychiatry*, 44(12), 1210-1218. PMID: [9861464](#).
- Walters, E.E., Kendler, K.S. (1995). Anorexia nervosa and anorexic-like syndromes in a population-based female twin sample. *American Journal of Psychiatry*, 152(1), 64–71. PMID: [7802123](#).
- Kendler, K.S., MacLean, C., Neale, M., Kessler, R., Heath, A., Eaves, L. (1991). The genetic epidemiology of bulimia nervosa. *American Journal of Psychiatry*, 148(12), 1627-1637. PMID: [1842216](#).

Linkage studies

- Bulik, C.M., Devlin, B., Bacanu, S.A., Thornton, L., Klump, K.L., Fichter, M.M., et al. (2003). Significant linkage on chromosome 10p in families with bulimia nervosa. *American Journal of Human Genetics*, 72(1), 200-207. PMID: [12476400](#).
- Devlin, B., Bacanu, S.A., Klump, K.L., Bulik, C.M., Fichter, M.M., Halmi, K.A., et al. (2002). Linkage analysis of anorexia nervosa incorporating behavioral covariates. *Human Molecular Genetics*, 11(6), 689-696. PMID: [11912184](#).
- Grice, D.E., Halmi, K.A., Fichter, M.M., Strober, M., Woodside, D.B. Treasure, J.T. (2002). Evidence for a susceptibility gene for anorexia nervosa on chromosome 1. *American Journal of Human Genetics*, 70(3), 787-792. PMID: [11799475](#).

Genomewide Approaches

- Wang, K., Zhang, H., Bloss, C.S., Duvvuri, V., Kaye, W., Schork, N.J., et al., The Price Foundation Collaborative Group. (2011). A genome-wide association study on common SNPs and rare CNVs in anorexia nervosa. *Molecular Psychiatry*, 16(9), 949-959. PMID: [21079607](#).
- Nakabayashi, K., Komaki, G., Tajima, A., Ando, T., Ishikawa, M., Nomoto, J., et al. (2009). Identification of novel candidate loci for anorexia nervosa at 1q41 and 11q22 in

Japanese by a genome-wide association analysis with microsatellite markers. *The American Journal of Human Genetics*, 54(9): 531-537. PMID: [19680270](#).

Neurobiology

Kaye, W.H., Fudge, J.L., Paulus, M. (2009). New insights into symptoms and neurocircuit function of anorexia nervosa. *Nature Reviews Neuroscience*, 10(8), 573-584. PMID: [19603056](#).

Marsh, R., Steinglass, J., Gerber, A.J., Graziano O'Leary K., Wang, Z., Murphy, D., et al. (2009). Deficient activity in the neural systems that mediate self-regulatory control in bulimia nervosa. *Archives of General Psychiatry*, 66(1), 51-63. PMID: [19124688](#).

Zastrow, A., Kaiser, S., Stippich, C., Walther, S., Herzog, W., Tchanturia, K., et al. (2009). Neural correlates of impaired cognitive-behavioral flexibility in anorexia nervosa. *American Journal of Psychiatry*, 166(5), 608-616. PMID: [19223435](#).

Wagner, A., Aizenstein, H., Venkatraman, V.K., Fudge, J., May, J., Mazurkewicz, L., et al. (2007). Altered reward processing in women recovered from anorexia nervosa. *American Journal of Psychiatry*, 164(12), 1842-1889. PMID: [18056239](#).

Bailer, U.F., Frank, G.K., Henry, S.E., Price, J.C., Meltzer, C.C., Weissfeld, L., et al. (2005). Altered brain serotonin 5-HT_{1A} receptor binding after recovery from anorexia nervosa measured by positron emission tomography and [¹¹C]WAY-100635. *Archives of General Psychiatry*, 62(9), 1032-1041. PMID: [16143735](#).

Bergen, A.W., Yeager, M., Welch, R.A., Haque, K., Ganjei, J.K., van den Bree, M.B., et al. (2005). Association of multiple DRD2 polymorphisms with anorexia nervosa. *Neuropsychopharmacology*, 30(9), 1703-1710. PMID: [15920508](#).

Frank, G.K., Bailer, U.F., Henry, S.E., Drevets, W., Meltzer, C.C., Price, J.C., et al. (2005). Increased dopamine D₂/D₃ receptor binding after recovery from anorexia nervosa measured by positron emission tomography and [¹¹C]raclopride. *Biological Psychiatry*, 58(11), 908-912. PMID: [15992780](#).

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Connan, F., Campbell, I.C., Katzman, M., Lightman, S.L., Treasure, J. (2003). A neurodevelopmental model for anorexia nervosa. *Physiology and Behavior*, 79(1), 13-24. PMID: [12818706](#).

Uher, R., Brammer, M.J., Murphy, T., Campbell, I.C., Ng, V.W., Williams, S.C., et al. (2003).

Recovery and chronicity in anorexia nervosa: brain activity associated with differential outcomes. *Biological Psychiatry*, 54(9), 934–942. PMID: [14573322](#).

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Kaye, W.H., Ballenger, J.C., Lydiard, R.B., Stuart, G.W., Laraia, M.T., O'Neil, P., et al. (1990). CSF monoamine levels in normal-weight bulimia: evidence for abnormal noradrenergic activity. *American Journal of Psychiatry*, 147(2):225-229. PMID: [1689122](#).

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Kaye, W.H., Ebert, M.H., Raleigh, M., Lake, R. (1984). Abnormalities in CNS monoamine metabolism in anorexia nervosa. *Archives of General Psychiatry*, 41(4):350-355. PMID: [6200083](#).

Neuropsychology

Lopez, C., Stahl, D., Tchanturia, K. (2010) Estimated IQ in anorexia: a systematic review and meta-analysis of the literature. *Annals of General Psychiatry*, 9(1), 40. PMID: [21182794](#).

Roberts, M.E., Tchanturia, K., Treasure, J.L. (2010). Exploring the neurocognitive signature of poor set-shifting in anorexia and bulimia nervosa. *Journal of Psychiatric Research*, 44(14), 964-970. PMID: [20398910](#).

Tchanturia, K., Davies, H., Lopez, C., Schmidt, U., Treasure, J., Wykes, T. (2008). Neuropsychological task performance before and after cognitive remediation in anorexia nervosa: a pilot case series. *Psychological Medicine*, 38(9), 1371-1373. PMID: [18578900](#).

Tchanturia, K., Anderluh, M.B., Morris, R.G., Rabe-Hesketh, S., Collier, D.A., Sanchez, P., et al. (2004). Cognitive flexibility in anorexia nervosa and bulimia nervosa. *Journal of the International Neuropsychological Society*, 10(4), 513-520. PMID: [15327730](#).

Tchanturia, K., Morris, R.G., Anderluh, M.B., Collier, D.A., Nikolaou, V., Treasure, J. (2004). Set shifting in anorexia nervosa: an examination before and after weight gain, in full recovery and relationship to childhood and adult OCDP traits. *Journal of Psychiatric Research*, 38(5), 545-552. PMID: [15380406](#).

Development

Herpertz-Dahlmann, B. (2009). Adolescent eating disorders: definitions, symptomatology, epidemiology and comorbidity. *Child and Adolescent Psychiatric Clinics of North America*, 18(1), 31-47. PMID: [19014856](#).

Eddy, K., Doyle, A.C., Hoste, R.R., et al. (2008). Eating disorder not otherwise specified in adolescents. *Journal of the American Academy of Child and Adolescent Psychiatry*, 47(2), 156-164. PMID: [18176335](#).

Neumark-Sztainer, D., Wall, M., Haines, J., Story, M., Eisenberg, M.E. (2007). Why does dieting predict weight gain in adolescents? Findings from project EAT-II: a 5-year longitudinal study. *Journal of the American Dietetic Association*, 107(3), 448-455. PMID: [17324664](#).

Heebink, D.M., Sunday, S.R., Halmi, K.A. (1995). Anorexia nervosa and bulimia nervosa in adolescence: effects of age and menstrual status on psychological variables. *Journal of the American Academy of Child and Adolescent Psychiatry*, 34(3): 378-382. PMID: [7896680](#).

Epidemiology, Course, Outcome (M 21, SD 79.6)

Crow, S.J., Peterson, C.B., Swanson, S.A., Raymond, N.C., Specker, S., Eckert, E.E., et al. (2009). Increased mortality in bulimia nervosa and other eating disorders. *American Journal of Psychiatry*, 166(12), 1342-1346. PMID: [19833789](#).

Keski-Rahkonen, A., Hoek, H.W., Linna, M.S., Raevuori, A., Sihvola, E., Bulik, C.M., et al. (2009). Incidence and outcomes of bulimia nervosa: a nationwide population-based study. *Psychological Medicine*, 39(5), 823-31. PMID: [18775085](#).

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Papadopoulos, F.C., Ekblom, A., Brandt, L., Ekselius, L. (2009). Excess mortality, causes of death and prognostic factors in anorexia nervosa. *The British Journal of Psychiatry*, 194(1), 10-17. PMID: [19118319](#).

Raevuori, A., Hoek, H.W., Susser, E., Kaprio, J., Rissanen, A., Keski-Rahkonen, A. (2009). Epidemiology of anorexia nervosa in men: a nationwide study of Finnish twins. *PLoS One*, 4(2), e4402. PMID: [19204790](#).

Stice, E., Marti, C.N., Shaw, H., Jaconis, M. (2009). An 8-year longitudinal study of the natural history of threshold, sub-threshold, and partial eating disorders from a community sample of adolescents. *Journal of Abnormal Psychology*, 118(3), 587-597. PMID: [19685955](#).

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- Alegria, M., Woo, M., Cao, Z., Torres, M., Meng, Z.L., & Striegel-Moore, R.A.H. (2007). Prevalence and correlates of eating disorders in Latinos in the United States. *International Journal of Eating Disorders*, 40, S15-S21. PMID: [17584870](#).
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- Striegel-Moore, R.H., Franko, D.L., Thompson, D., Affenito, S., & Kraemer, H.C. (2006). Night eating: Prevalence and demographic correlates. *Obesity Prevention*, 14(1), 139-147. PMID: [16493132](#).
- Milos, G., Spindler, A., Schnyder, U., Fairburn, C.G. (2005). Instability of eating disorder diagnoses: prospective study. *The British Journal of Psychiatry*, 187(6), 573-578. PMID: [16319411](#).
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- Kaye, W.H., Bulik, C.M., Thornton, L., Barbarich, N., Masters, K., The Price Foundation Collaborative Group. (2004). Comorbidity of anxiety disorders with anorexia and bulimia nervosa. *American Journal of Psychiatry*, 161(12), 2215-2221. PMID: [15569892](#).
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Risk Factors

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- Striegel-Moore, R.H. & Bulik, C.M. (2007). Risk factors for eating disorders. *American Psychologist*, 62(3), 181-198. PMID: [17469897](#).
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- Becker, A.E., Burwell, R.A., Gilman, S.E., Herzog, D.B., Hamburg, P. (2002). Eating behaviours and attitudes following prolonged exposure to television among ethnic Fijian adolescent girls. *British Journal of Psychiatry*, 180, 509-514. PMID: [12042229](#).
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Assessment

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- Fichter, M., Elton, M., Engel, K., Meyer, A., Mall, H. Poustka, F. (1991). Structured interview for anorexia and bulimia nervosa (SIAB): development of a new instrument for the assessment of eating disorders. *International Journal of Eating Disorders*, 10, 571-592. LINK: [Wiley](#).
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- Stunkard, A. Waxman, M. (1981). Accuracy of self-reports of food intake. *Journal of the American Dietetic Association*, 79(5), 547-551. PMID: [7026651](#).
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Prevention

- Stice, E., Marti, C. N., Spoor, S., Presnell, K., & Shaw, H. (2008). Dissonance and healthy weight eating disorder prevention programs: long-term effects from a randomized efficacy trial. *Journal of Consulting and Clinical Psychology*, 76, 329-340. PMID: [18377128](#).

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- Taylor, C. B., Bryson, S., Luce, K. H., Cunnig, D., Doyle, A. C., Abascal, L. B. et al. (2006). Prevention of eating disorders in at-risk college-age women. *Archives of General Psychiatry*, 63, 881-888. PMID: [16894064](#).
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